

Echa Pa'lla (Shake it Off)

COPPER KNOB
BYEBOHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Trish McElhinney (CAN) - June 2019
音乐: Echa Pa'lla (Manos Pa'rriba) (feat. Papayo) - Pitbull



Intro: 16 Count

Note: No Tags, No Restarts

[1 – 8] R Side Rock, Recover, Cha in place, Left Side Rock, Recover, Cha in Place

1-2 Rock R to R Side , Recover on L (Roll the R hip for styling) - 12
3&4 Step 3 times in place R, L, R - 12
5-6 Rock L to L Side, Recover on R (Roll the L hip for styling) - 12
7&8 Step 3 times in place L, R, L - 12

[9 – 16] Mambo Forward, Mambo Back, 1/4 Pivot x 2

1&2 Rock R Forward, Recover on L, Step Back on R - 12
3&4 Rock Back on L, Recover Forward on R, Step Forward on L - 12
5-8 Step R Forward, Turn 1/4 L shifting weight to L, Step R Forward, Turn 1/4 left shifting weight to L - 6

[17 – 24] Walk x2 R-L, R Samba, L Samba, Cross Rock

1-2 Step R Forward, Step Left Forward - 6
3&4 Cross R over L, Rock L to Left Side, Recover weight R making 1/8 turn R 6
5&6 Cross L over R, Rock R to Right Side, Recover weight L making 1/8 turn L - 6
7-8 Cross R over L, Recover on L - 6

[25 – 32] Point, Hitch, Point, Flick, 1/4 Shuffle, 1/2 Shuffle

1-4 Touch R to Right Side, Hitch R beside Left Knee, Touch R to Right Side, Flick R behind Left Knee - 6
5&6 Make ¼ turn right stepping forward R, step L next to R, step forward R - 9
7&8 Make ¼ turn right stepping L to left side, step R next to L, make ¼ turn right stepping back L - 3

START AGAIN
