

Standing Tall

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Ria Vos (NL) & Malene Jakobsen (DK) - June 2019
音乐: Holding On - Joe Taylor



Intro: 16 Counts

Fwd 'Fall', Back, ½ R, ½ R w/Sweep, Behind, ¼ L, Step Pivot ½ L, ¼ L, Weave ¼ R

- 1 Step Fwd on R Dipping Down, L Toe Behind R Heel with Bended Knee
(pretend you are 'falling' fwd into your step)
2&3 Step Back on L, ½ Turn R Step Fwd on R, ½ Turn R Step Back on L Sweep R Around
4& Step R Behind L, ¼ Turn L Step Fwd on L (9:00)
5-6 Step Fwd on R, Pivot ½ Turn L (3:00)
&7 ¼ Turn L Step R to R Side, Step L Behind R (12:00)
&8 ¼ Turn R Step Fwd on R, Step Fwd on L (3:00)

Tap, Press Fwd, Recover, & Rock Fwd, Walk Around ¾ L, Step Fwd, Anchor Step

- &1-2 Tap R Next to L, Press/Rock Fwd on R, Recover on L
&3& Step R Next to L, Rock Fwd on L, Recover on R
4&5 Walk Around in A Circle L-R-L Turning ¾ Turn L (6:00)
6 Step Fwd R
7&8 Lock/Rock L Behind R, Recover on R, Step Slightly Back on L (angle body L)

Ball-Cross, Swivel R-L Turning ½ R, Kick Ball Step, Together, Back w/Sweep, Back/Sit, Point Fwd, Step, Full Turn L, Step Pivot ¼ L w/Sweep

- &1 Step On Ball of R Next to L, Cross L Over R
2& Swivel R Heel In Turning ¼ R, Swivel L Heel Out Turning ¼ R (Total ½ R) (12:00)
3&4 Kick R Fwd, Step on Ball of R Next to L, Step Fwd on L
&5 Step R Next to L, Step L Big Step Back Sweeping R from Front to Back
6& Step Back on R ('Sit' Down), Point L Fwd (angle body R)
7&8 Step Fwd on L, ½ Turn L Step Back on R, ½ Turn L Step Fwd on L
&1 Step Fwd on R, Pivot ¼ Turn L Sweeping R Around (9:00)

Weave L Sweep, Behind, Side, Cross Rock, Side Rock, Behind w/Hitch, Behind, ¼ L

- 2&3 Cross R Over L, Step L to L Side, Step R Behind L Sweeping L Around
4& Step L Behind R, Step R to R Side
5& Cross Rock L Over R, Recover on R
6& Rock L to L Side, Recover on R
7-8& Step L Behind R Hitching R, Step R Behind L, ¼ Turn L Step Fwd on L (6:00)

Ending: After the Anchor Step (6:00) ½ Turn R Step Fwd R-L (12:00)