

# Change My Ways

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Stephen & Lesley McKenna (SCO) - June 2019  
音乐: Change My Ways by Koe Wetzel and the Konviets on Out On Parole



Intro:- 64 counts on vocals

**Section 1: R side rock, rec, cross shuffle, L side rock, rec, weave front-side**

1-2            Rock R to R side, recover L  
3&4           Cross R over L, step L to L side, cross R over L  
5-6           Rock L to L side, recover R  
7-8           Cross L over R, step R to R side

**Section 2: L behind, 1/4 R, rock forward, recover, 1/2 L, scuff, 1/4 L, scuff**

1-2            Step L behind R, make 1/4 R stepping R  
3-4            Rock forward L, recover R  
5-6            Make 1/2 L stepping forward L, scuff R heel forward  
7-8            Make 1/4 L stepping R to R side, scuff L heel forward

**Section 3: L side shuffle, rock back, rec, R side shuffle, rock back, rec**

1&2            Step L to L side, step R next to L, step L to L side  
3-4            Rock back R, recover L  
5&6            Step R to R side, step L next to R, step R to R side  
7-8            Rock back L, recover R \*Bridge wall 7 see notes

**Section 4: L toe strut, R toe strut, L jazz box 1/4 L**

1-2-3-4        Touch L toe forward, drop L heel, touch R toe forward, drop R heel  
5-6-7-8        Cross L over R, step back R, make 1/4 L stepping L to L side, touch R next to L

**BRIDGE:- During wall 7 at the end of section 3, BUMP hips for 6 counts L-R-L-R-L-R and continue dance from section 4.**

Enjoy!

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