

Some of It

拍数: 80 墙数: 2 级数: Phrased Intermediate
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音乐: Some of It - Eric Church



#8 count - then start when he starts singing.

Part A (32 count)

[1-8] : full turn

1,2 Step forward with right foot, quarter turn left - 4 times

[9-16]: cross over rocks, half turns

1,2 & right cross over left, recover left, step right to side

3,4, & left cross over right, recover right, step left to side

5,6,7,8 step forward right, half turn, twice

[17-24]: side rocks

1,2,& right rock to side, recover on left, step right center,

3,4& left rock to side, recover on right, step left center.

5,6 Rock forward on right, recover

7,8. Rock back on right, recover

[25-32] : cross step backs

1,2,3 right cross over left, step left back, step right out to side

4,5,6 left cross over right, step right back, step left out to side

7,8 rock back on right

Part B : (48 count)

[1-12]: cross rocks with full turn or a shuffle

1,2,3&4 right cross over left, rock, then full turn R-L-R(or shuffle)

5,6,7&8 left cross over right, rock, then full turn L-R-L (or shuffle)

9,10,11,&12 right cross over left, rock, then full turn R-L-R (or shuffle)

[13-16]: rock forward with a shuffle/turn back

13.14.15.&16 left rock forward, full turn over left shoulder L-R-L (or shuffle)

[17-20]: rock back with shuffle forward

17-18,19 & 20 rock back on right, shuffle forward R-L-R

[21-24]: rock with a coaster step

21,22,23 & 24 rock forward with left, left coaster step

[25-32]: box steps with ¼ turn

25-32 two box steps, making quarter turn to your right

[33-40]: side rocks with vines

33,34, 35 & 36 rock right to side, then right behind left, left step side, then right step together

37,38, 39, & 40 rock left to side, then left behind right, right step side, then left step together.

[41-48] : box step and rocks

41-44 Box step to the right ¼ turn (right cross, left back, right to side, left beside)

45-48 rock right back, recover. right touch to side, bring back to center.

Dance sequence as follows:

Part A

Part B

Part A

Part B

1 st 8 counts of Part A

TAG: (4 count) Right coaster step, left step forward, right touch beside

Restart part A - do first 16 counts

Restart part B
