

Ship and Bottle

拍数: 32 墙数: 4 级数: Improver
编舞者: Julie Dean (UK) - May 2019
音乐: The Ship and the Bottle - Brett Young : (CD: Ticket to L.A.)



Alternative: Will fit to any nice cha cha track

Count In: 16 counts from start of track
No Tags, No Restarts

Section 1 – Right Side, Rock Cross Shuffle, Left Side Rock, Cross Shuffle

1,2 Rock right to right side, recover left
3&4 Cross right over left, step left to left side, cross right over left
5,6 Rock left to left side, recover
7&8 Cross left over right, step right to right side, cross left over right

Section 2 – Grapevine Right, ¼ Turn Shuffle, Step Back, ½ Turn, Left Shuffle Forward

1,2 Step right to right side, cross step left behind right
3&4 ¼ Right stepping forward on right, step right next to left, step forward on right
5,6 Step back on left foot, ½ turn stepping forward on right
7&8 Step forward on left, step right next to left, step forward on left

Section 3 – Right Paddle turn 1/8 left x 2, Right Mambo forward, Left Coaster Step

1,2 Step forward right, paddle turn 1/8 left
3,4 Step forward right, paddle turn 1/8 left
5&6 Rock forward right, recover back left, step back right
7&8 Step back left, step right next to left, step forward left

Section 4 – Jazz box ¼ turn Right, Tap, Step Lock Step, ¼ right x 2

1,2, Cross step right over left, step back left
3,4 Step right ¼ right, tap left behind right
5&6 Step left back, cross step right in front of left, step left back
7,8 Step right ¼ turn right, step forward left ¼ turn

****Note: Towards the end of the dance, there is a break in the music, keep tempo and continue dancing until the end.**

Submitted by - Donna Hardman: donnah136@gmail.com