

# Dying Inside

拍数: 32      墙数: 4      级数: Improver  
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音乐: (Dying Inside) To Hold You - Timmy Thomas



Intro: 56 counts

## SECTION I [1 – 8] SIDE, BEHIND SIDE CROSS, ¼ LEFT, ¼ LEFT TURN SHUFFLE, CROSS, RECOVER

1 2&3      Step R to right, step L behind R, step R to right, cross L over R  
4      Turn ¼ left stepping R back (9:00)  
5&6      Turn ¼ left stepping L, step R next to L, step L to left (6:00)  
7-8      Cross R over L, recover on L

## SECTION II [9 – 16] ¼ RIGHT TURN SHUFFLE, CROSS, POINT, BEHIND TURN FORWARD, HOP BALL HOLD

1&2      Step R to right, step L next to R, turn ¼ stepping R forward (9:00)  
3-4      Cross L over R, touch R diagonally forward (10:30)  
5&6      Step R behind L, turn ¼ left stepping L slightly forward, step R forward (6:00)  
&7-8      Hop L forward, touch ball of R next to L, hold

## Section III [17 – 24] BACK CROSS BACK SIDE, ¼ RIGHT TURN JAZZ BOX

1-2      Step R back, cross L over R  
3-4      Step R back, step L to left  
5-6      Cross R over L, turn ¼ right stepping L back (9:00)  
7-8      Step R to right, cross L over R

(\*\* Restart after Wall 2 facing 3:00 and after Wall 5 facing 9:00 \*\*)

## Section IV [25 – 32] FULL TURN LEFT, ROCKING CHAIR, HEEL BALL CROSS

1-2      Turn ½ left stepping R back, turn ½ left stepping L forward  
3-4      Rock R forward, recover on L  
5-6      Rock R back, recover on L  
7&8      Touch R heel forward, step ball of R next to L, cross L over R

Tag: There is a 4-count Tag at end of Wall 8 facing the front wall

1-4      Step R to right, slide L next to R, step L to left, slide R next to L

Ending: On 10th Wall (facing 9:00), dance up to count 28 in Section IV, touch R behind L, ½ turn right with weight on R, step L forward.

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