

Cross My Heart

拍数: 32 墙数: 2 级数: Improver
编舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - June 2019
音乐: Cross My Heart - Cato Sanden



Intro: 16 Counts

Sec 1: Step Side, Hold, Ball Cross, Step Side, Back Rock, Recover, Shuffle 1/2 Turn L

1-2 RF. Step to R side - Hold
&3-4 LF. Step on the ball of the foot next to RF - LF. Cross over RF - LF. Step to L side
5-6 RF. Rock back - LF. Recover
7&8 Shuffle 1/2 turn L stepping R,L,R (6:00)

Sec 2: Step Back, Touch Across, Step fwd, Scuff, Cross, 1/4 Turn L, Chasse Left

1-2 LF. Step back - RF. Touch toe across LF
3-4 RF. Step fwd - LF. Scuff diagonal R fwd
5-6 LF. Cross over RF - RF. 1/4 Turn L step back (3:00)
7&8 LF. Step to L side - RF. Close beside LF - LF. Step to L side

Sec 3: Cross Rock, Recover, & Cross, Point, Behind, Side, Cross Shuffle

1-2 RF. Cross rock over LF - LF. Recover
&3-4 RF. Step to R side - LF. Cross over RF - RF. Point toe to R side
5-6 RF. Cross behind LF - LF. Step to L side
7&8 RF. Cross over LF - LF. Step to L side - RF. Cross over LF

Sec 4: Point, Hold, & Point & Point, Back Rock, Recover, 1/4 Turn R, Touch

1-2 LF. Point toe to L side - Hold
&3&4 LF. Step beside RF - RF. Point toe to R side - RF. Step beside LF - LF. Point toe to L side
5-6 LF. Rock back - RF. Recover
7-8 LF. 1/4 Turn R step to R side - RF. Touch toe beside LF (6:00)

Start Again

Tag: After the 4th wall 12 o'clock

Step Side, Touch with a Hip Bump X2, Rock fwd, Recover, 1/2 Turn R, Step Together

1-2 RF. Step to R side - LF. Touch toe beside RF and bump hip to L
3-4 LF. Step to L side - RF. Touch toe beside LF and bump hip to R
5-6 RF. Rock fwd - LF. Recover
7-8 RF. 1/2 Turn R step fwd - LF. Step beside RF (6:00)

Step Side, Touch with a Hip Bump X2, Rock fwd, Recover, 1/2 Turn R, Step Together

1-2 RF. Step to R side - LF. Touch toe beside RF and bump hip to L
3-4 LF. Step to L side - RF. Touch toe beside LF and bump hip to R
5-6 RF. Rock fwd - LF. Recover
7-8 RF. 1/2 Turn R step fwd - LF. Step beside RF (12:00)

Contact: marja42@kpnmail.nl / co4ol72@kpnmail.nl