

# If I Had Any Pride Left At All

COPPERKNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Easy Intermediate  
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音乐: If I Had Any Pride Left At All - John Berry



## Intro: 16 Counts

### Sec 1: Side, Behind Cross Rock, Recover, Side, Behind, Side, Cross with a sweep, Cross, 1/4 Turn L, Back Rock, Recover, 1/2 Turn R, Side

1-2&3                      RF. Big step to R side - LF. Cross rock behind RF - RF. Recover - LF. Step to L side  
4&5                        RF. Cross behind LF - LF. Step to L side - RF. Cross over LF and sweep LF from back to front  
6&7                        LF. Cross over RF - RF. 1/4 Turn L step back - LF. Rock back (9:00)  
8&1                        RF. Recover - LF. 1/2 Turn R step back - RF. Step to R side (3:00)

### Sec 2: Together, Step fwd, Side, Together, Step Back, Step Side Sway Hips R, L R, L, Together, Side

2&3                        LF. Step beside RF - RF. Step fwd - LF. Step to L side  
4&                         RF. Step beside LF - LF. Step back  
5-6-7-8                    RF. step to R side sway hips to R - Sway hips to L - Sway hips to R - Sway hips to L  
&1                         RF. Step beside LF - LF. Step to L side \*\*Tag\*\*

### Sec 3: Back Rock, Recover, 1/4 Turn L step Back and sweep, Step L Back and sweep, Step R Back and sweep, Coaster Step bwd, Coaster Step fwd

2&3                        RF. Rock back - LF. Recover - RF. 1/4 Turn L step back and sweep LF from front to back (12:00)  
4-5                        LF. Step back and sweep RF from front to back - RF. Step back and sweep LF from front to back  
6&7                        LF. Step back - RF. Step beside LF - LF. Step fwd  
8&1                        RF. Step fwd - LF. Step beside RF - RF. Step back

### Sec 4: Touch Behind, Unwind, Step-Lock-Step, Step fwd, 1/4 Turn R, Cross, Side, Behind

2-3                        LF. Touch toe back - 1/2 Turn L (weight on LF) (6:00)  
4&5                        RF. Step fwd - LF. Lock behind RF - RF. Step fwd  
6&7                        LF. Step fwd - 1/4 Turn R - LF. Cross over RF (9:00)  
8&                         RF. Step to R side - LF. Cross behind RF

## Start Again

### Tag: In the 5th wall after count 16 (3:00)

2-3-4&                    RF. Rock back - LF. Recover - RF. Rock fwd - LF. Recover

### Ending: You ending at 12 o'clock, then do

2                         RF. Cross over LF and POSE

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