

La Libertad

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Alexandra Hungerbühler (CH) - May 2019
音乐: La Libertad - Álvaro Soler



[1-8] Side, Together, Chasse right, Cross Rock, Chasse ¼ Turn left

- 1,2 RF step to the right, add LF to RF
- 3 & 4 Step right to right, move left to right, step right to right
- 5.6 LF in front of RF, weight back on RF
- 7.8 LF step to the left, close RF next to LF, ¼ turn left, step LF step forward (F: 9 o'clock)

[9-16] Step-Lock Step (R & L), Step Turn ¼ with Hips (2x)

- 1 & 2 Step right forward, Step right behind RF, Step forward
- 3 & 4 LF step forward, RF behind LF, LF step forward
- 5, 6 RF step forward, ¼ turn left with hip swing (F: 6 o'clock)
- 7, 8 RF Step forward, ¼ turn left with a hip swing (F: 3 o'clock)

[17-24] Cross, Samba Step, Cross, Samba Step, Jazz Box ¼ Turn right with Cross

- 1 & 2 RF in front of LF, LF to left, weight back to RF (with Samba-Movement),
- 3 & 4 LF before RF cross, RF to right, weight back to LF (with Samba movement),
- 5.6 Cross right before left, step left to left
- 7, 8 ¼ turn right, step right to right, cross left before right (F: 6 o'clock)

[25-32] Sway (R-L-R-L), Mambo fwd, Mambo back

- 1-4 swing to the right-left-right-left while rolling off the feet
- 5 & 6 RF step forward, weight back to LF
- 7,8 LF step back, weight back on RF

Start again...

Restart: In the 4th wall after 16 counts start over (F: 9 o'clock)

Tag / Restart: In the 9th wall after 28 counts. Wait until after "Ai-Ai-Ai-Ai !!" (F: 3 o'clock)

Enjoy and don't forget to Smile!

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