

Lit Mockingbird

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Trevor Thornton (USA) & Candee Seger (USA) - May 2019
音乐: Tequila Mockingbird - Frank Ray : (Album: Tequila Mockingbird)



Count In: 16

Notes: 1 Restart

[1-8] Wizard, Pivot 1/2 R, 1/4 R Side, Behind, 1/4 L, Brush

1,2 Step R Forward (1), Lock L Behind R (2), Step R Forward (&
3,4 Step L Forward (3), Pivot 1/2 R (4) (weight ends R) 6:00
5,6 Turn 1/4 R stepping L to L side (5), Step R Behind L (6) 9:00
7,8 Step L 1/4 L (7), Brush R Forward (8) 6:00

[9-16] Step, Hold, Ball Step, Ball Step, Rock Recover 3/8, L Triple

1,2 Step R Forward (1), Hold (2)
&3&4 Step L next to R (&), Step R to R Diagonal (3), Step L next to R (&), Step R to R Diagonal (4)
7:30
5,6 Rock L Forward to R Diagonal (5), Recover R (6)
7&8 Step L next to R (7), Step R 3/8 L squaring up to side wall (&), Step L next to R (8) 3:00

*Restart Wall 2: Square up to 6:00 o'clock wall for restart

[17-24] Step Point w/Sweeps, Jazz Box w/Cross

1,2 Step R Forward (1), Point L to L side sweeping from Back to Front (2)
3,4 Step L Forward (3), Point R to R side sweeping from Back to Front (4)
5,6 Cross R over L (5), Step L Back (6)
7,8 Step R next to L (7), Cross L over R (8) 3:00

[25-32] Syncopated Modified 1/4 Monterey, Rock Recover (body roll option), Coaster

1,2 Point R to R side (1), Push turn 1/4 R placing RF next to L (weight R) (2) 6:00
3&4 Rock L to L side (3), Recover R (&), Step L next to R (4)
5,6 Rock R Forward (5), Recover L (6) Option to Body Roll back
7&8 Step R Back (7), Step L Next to R (&), Step R Forward (8)

[33-40] Toe Strut Hip Roll (1/2, 1/2), Rock Recover, 1/2 Triple

1,2 Make 1/4 turn R touching L toe to L side & bump hip L (1), Make 1/4 turn R stepping slightly
back L (2) 12:00
3,4 Make 1/4 turn R touching R toe to R side & bump hip R (3), Make 1/4 turn R stepping slightly
forward R (4) 6:00
5,6 Rock L Forward, Recover R
7&8 Step 1/2 L (7), Step R next to L (&), Step L Forward (8) 12:00

[41-48] Step Lock (Hitch), Step Lock Step, Step 1/4 R, Crossing Triple

1,2 Step R Forward, Lock L Behind R (hitching R knee up)
3&4 Step R Forward (3), Lock L Behind R (&), Step R Forward (4)
5,6 Step L Forward (5), Turn 1/4 R (6) 3:00
7&8 Cross L over R (7), Step R to R side (&), Cross L over R (8)

[49-56] Step, Swivel LF, Swivel RF, Shoulder Shimmy Pop LRL, Kick Ball Change, Skate, Skate

1&2 Step R to R side (1), Swivel LF 1/4 L (&), Swivel RF 1/4 L (2) 12:00
3&4 Shimmy or Pop Shoulders alternately L down, R down, L down (3&4) leaning forward (weight
L)
5&6 Kick R Forward (5), Step R next to L (&), Step L next to R (6)

7,8 Skate R Forward (7), Skate L Forward (8)

[57-64] Heel, Step, Stomp, Heel Swivels L, Side Toe Switches, Heel Hook

1&2 Place R Heel Forward (1), Step R next to L (&), Stomp L next to R (2)

3&4 Swivel Heels L (3), Swivel Toes L (&), Swivel Heels L (4)

5&6& Point R Toe To R Side (5), Step R next to L (&), Point L Toe to L Side (6), Step L next to R (&)

7,8 Press R Heel Forward on R diagonal (7), Hook R Foot across L leg (8) 12:00
