

The Joy of Life

拍数: 64 墙数: 2 级数: Improver
编舞者: Janet (Zhen Zhen) Ge (CN) - June 2019
音乐: Joy of Life - Dubble Trubble
或: The Joy of Life - Kenny G



Intro From Heavy beat 16 count (Approx: 27 Sec) (No Tag - No Restart)

[1-8] Side, Tog, Shuffle, Side, Tog, Shuffle

12 Step right to side, step left together
3&4 Step right forward, step left next to right, step right forward
56 Step left to side, step right together
7&8 Step left back, step right next to left, step left back

[9-16] Bock/Back, 1/2 Turn Shuffle, Bock/Back, Shuffle

12 Rock right back, recover on left
3&4 1/2 Turn L stepping right back, step left next to right, step right back
56 Rock left back, recover on right
7&8 Step left forward, step right next to left, step left forward (6:00)

[17-25] Rock/Fwd, Rock/Side, Behind- Side-Cross, Rock/Side

1234 Rock right forward, recover on left, rock right to side, recover on left
5&6 Cross right behind left, step left to side, cross right over left
78 Rock left to side, recover on right

[26-32] Rock/Fwd, Rock/Side, Behind- Side-Cross, Rock/Side

1234 Rock left forward, recover on right, rock left to side, recover on right
5&6 Cross left behind right, step right to side, cross left over right
78 Rock right to side, recover on left

[33-40] 1/4 Turn Jazz Box Step, Fwd, 1/2 Turn Back, Coaster Step

1234 Cross right over left, 1/4 turn R stepping left back, step right to side, touch left together (9:00)
56 Step left forward, 1/2 turn L stepping right back
7&8 Step left back, step right together, step left forward (3:00)

[41-48] Fwd, Sweep, Weave Step, Sweep, Behind, Side

1234 Step right forward, sweep left form back to front, cross left over right, step right to side
5678 Step left back, sweep right from front to back, cross right behind left, step left to side

[49-56] Cross, Touch, 1/4 Turn Back, Side, Cross, Touch, Back, Side

1234 Cross right over left, touch left behind right, step left back, 1/4 turn R stepping right to side
(6:00)
5678 Cross left over right, touch right behind left, step right back, step left to side

[56-64] 1/2 Pivot Turn, 1/2 Pivot Turn, Rocking Chair Step

1234 Step right forward, 1/2 pivot turn L, step right forward, 1/2 pivot turn L
5678 Rock right forward, recover on left, rock right back, recover on left

Repeat Again!

Contract Email: Janet (Zhen Zhen) Ge, 93806188@qq.com

