

One In A Million

COPPER KNOB
STEPSHEETS

拍数: 150 墙数: 2 级数: Phrased Advanced
编舞者: Michael Vera-Lobos (AUS) - January 2019
音乐: A Million Dreams - P!nk : (Album: The Greatest Showman - Reimagined)



ORIGINAL POSITION: Feet Slightly apart, Weight on L foot
DANCE STARTS: After 16 Counts from hard beat – On Vocals

A: 32 counts

[1-8&9] SIDE, BEHIND & ¼ R, LUNGE FWD, REPLACE & ½ L, LUNGE FWD, ROCK BACK & ¼ R, LUNGE FWD, REPLACE & ½ L, ½ L SWEEPING L

- 1,2&3 Travel to R side – Step R to R Dragging L towards R, Cross L behind R & Turn ¼ R on R, Lunge fwd on L (3:00)
4&5 Rock back onto R & Turn ½ L on L, Lunge fwd onto R (9:00)
6&7 Replace Weight onto L & turn ¼ R on R (12:00), Lunge fwd onto L (12:00)
8&1 Replace Weight onto R & Turn ½ L on L, turn a further ½ L Stepping back onto R Sweeping L to L side (12:00)

[10-16&] STEP BACK SWEEP SIDE, COASTER R, BALL STEP, ½ PIVOT L, FULL TRIPLE SPIN FWD R & STEP BESIDE

- 2,3&4 Step back on L Sweeping R out to R side, Step back on R & Step L beside R, Step fwd onto R (12:00)
&5,6 Stepping L beside R Step fwd onto R, Pivot ½ L (End Weight on L facing 6:00)
7&8& Travel fwd – Full Triple Spin fwd over R Stepping R,L,R (6:00) & Step L beside R (6:00)

[17-24&] LUNGE FWD R, REPLACE & TURN ½ R, LUNGE FWD L, REPLACE & ½ L, STEP FWD, ¼ PIVOT L, CROSS & ¼ R, ¼ R & CROSS

- 1,2& Lunge fwd R, Replace Weight on L & Turn ½ R on R (12:00)
3,4& Lunge fwd L, Replace weight on R & Turn ½ L on L (6:00)
5,6 Step fwd R, Pivot ¼ L (3:00)
7&8& Cross R over L & Turning ¼ R Step back on L, Turn a further ¼ Rending with R to R side & Cross L over R (9:00)

[25-32] STEP SIDE, ROCK BEHIND & REPLACE, SIDE DRAG, BEHIND & ¼ L, ¼ L, SIDE DRAG, REPLACE & ½ HINGE L, ½ L

- 1,2&3 Step R to R dragging L towards R, Rock L behind R & Replace Weight on R, Step L to L side dragging R towards L (9:00)
4&5,6 Cross R behind & Turn ¼ L on L, Turn a further ¼ L Stepping onto R (3:00), Step L to L side Dragging R towards L (3:00)
7&8 Travelling to R side – Step R to R & Hinge ½ L on L, Turn a further ½ L Ending with R to R side (3:00)

B: 32 counts

[33-41] WALK CNR, COASTER FWD, COASTER BACK, BALL STEP, ½ PIVOT R, FULL TRIPLE SPIN FWD L

- 1,2&3 Step fwd L into R corner (5:00), Step fwd onto R & Step L beside R, Step Back on R (5:00)
4&5&6 Step back on L & Step R beside L, Step fwd onto L & Stepping R beside L, Step fwd onto L (5:00)
7,8&1 Pivot ½ R (End facing 11:00 – Weight on R), Full triple Spin fwd L Stepping L,R,L (11:00)

[42-48&] COASTER FWD, COASTER BACK, PIVOT ½ R, FULL TRIPLE SPIN FWD L & STEP SIDE

- 2&3 Step fwd onto R & Step L beside R, Step Back on R (11:00)
4&5,6 Step back on L & Step R beside L, Step fwd onto L, Pivot ½ R (End Weight R facing 5:00)

7&8& Full triple Spin fwd L Stepping L,R,L (5:00) & Turning 1/8 L to straighten to 3:00 Step R to R side (3:00)

[49-56&] ROCK BEHIND, REPLACE & STEP SIDE, TOUCH BEHIND, ½ UNWIND R SIDE DRAG, CROSS SAMBA, CROSS & ¼ R, ½ R & STEP BESIDE

1,2& Rock L behind R, Replace Weight on R & Step L to L
3,4 Touch R behind L, Unwind ½ R Ending by Stepping R to R side dragging L towards R (9:00)
5&6 Cross L over R & Rock R to R, Replace Weight on L (9:00)
7&8& Cross R over L & Turn ¼ R Stepping back on L, Turn ½ R on R & Step L beside R (6:00)

[57-64&] ROCK FWD, REPLACE & ¼ R, CROSS, SIDE DRAG, L SAILOR, R SAILOR ¼ R & STEP BESIDE

1,2&3,4 Rock fwd R, Replace weight on L & Turning ¼ R Step R to R, Cross L over R, Step R to R dragging L towards R(9:00)
5&6 Cross L behind R & Rock R to R, Replace Weight on L (9:00)
7&8& Cross R behind L & turning ¼ R Step L beside R, Step R beside L & Step L beside R (12:00)

C: 44 counts

[1-8&9] SIDE, BEHIND & 1/8 R, STEP FWD L & PIVOT ½ R, ½ R, STEP BACK R & ½ L, ½ L & STEP BESIDE, COASTBACK R & STEP FWD L, STEP R TO R SIDE DRAGGING L TOWARDS R

1,2& Travel to R side – Step R to R Dragging L towards R, Cross L behind R & Turn 1/8 R on R (1:00)
3&4 Step fwd L & Pivot ½ R, Turn a further ½ R Stepping back on L (1:00)
5&6& Step back R & Turn ½ L on L, Turn a further ½ L Stepping back on R & Step L beside R (1:00)
7&8 Step back R & Step L beside R, Step fwd on R (1:00)
&1 Step fwd L & Straightening to 12:00 Step R to R side dragging L towards R (12:00)

[10-16] L SAILOR DRAG, BEHIND & ¼ L, ¼ L, SIDE DRAG L, FULL TRIPLE SPIN TRAVELLING TO R SIDE

2&3 Cross L behind R & Rock R to R, Replace Weight on L (12:00)
4&5,6 Cross R behind L & Turn ¼ L on L, Turn a further ¼ L Ending with R to R side (6:00), Step L to L dragging R towards L (6:00)
7&8 Travel to R side – Full Triple Spin R Stepping R,L,R (6:00)

[17-24&25] SIDE, BEHIND & 1/8 L, STEP FWD R & PIVOT ½ L, ½ L, STEP BACK L & ½ R, ½ R & STEP BESIDE, COASTER L & STEP FWD R, STEP L TO L SIDE DRAGGING R TOWARDS L

1,2& Travel to L side – Step L to L Dragging R towards L, Cross R behind L & Turn 1/8 R on L (5:00)
3&4 Step fwd R & Pivot ½ L, Turn a further ½ L Stepping back on R (5:00)
5&6& Step back L & Turn ½ R on R, Turn a further ½ R Stepping back on L & Step R beside L (5:00)
7&8 Step back L & Step R beside L, Step fwd on L (1:00)
&1 Step fwd R & Straightening to 6:00 Step L to L side dragging R towards L (6:00)

[26-32] R SAILOR DRAG, BEHIND & ¼ R, ¼ R, SIDE DRAG R, FULL TRIPLE SPIN TRAVELLING TO L SIDE

2&3 Cross R behind L & Rock L to L, Replace Weight on R (6:00)
4&5,6 Cross L behind R & Turn ¼ R on R, Turn a further ¼ R Ending with L to L side (12:00), Step R to R dragging L towards R (12:00)
7&8 Travel to L side – Full Triple Spin L Stepping L,R,L (12:00)

[33 – 40] CROSS SAMBA R, CROSS & ¼ L, ¼ L, CROSS SAMBA R, CROSS ¼ L, ¼ L

1&2 Travel fwd – Cross Rover L & Rock L to L, Replace Weight on R (12:00)
3&4 Cross L over R & Turning ¼ L Step back on R, turning a further ¼ L Ending with L to L side (6:00)
5&6 Travel fwd – Cross Rover L & Rock L to L, Replace Weight on R (6:00)

7&8 Cross L over R & Turning ¼ L Step back on R, turning a further ¼ L Ending with L to L side (12:00)

[41 – 44] ROCK FWD, REPLACE ,1½ TRIPLE SPIN R & STEP BESIDE

1,2 Rock fwd R, Rock back on L

3&4& Travelling back over R Shoulder – 1 ½ Triple R Stepping R,L,R & Step L beside R (6:00)

D: 42 counts

[1 – 8&] CROSS & 1/8 R, STEP BACK, STEP BACK & ¼ FWD R, STEP FWD, STEP FWD & ¼ BACK R, STEP BACK, STEP BACK & 1/8 R STEP BESIDE, STEP FWD & STEP R BESIDE L

1&2 Cross R over L & Turning 1/8 R Step back on L, Step back on R (1:00)

3&4 Step back L & Turning ¼ R Step fwd on R , Step fwd L (5:00)

5&6 Step fwd R & Turning ¼ R Step back on L, Step back on R (7:00)

7&8& Step back L & Turning 1/8 R Step R to R, Step fwd on L & Step R beside L (9:00)

[9 – 16] ROCK FWD L, ROCK BACK ON R, TURNING BACK 1 ½ L TRIPLE, STEP FWD R, ½ PIVOT L, FULL TRIPLE FWD R

1,2,3&4 Rock fwd L, Rock back on R (9:00), Turn 1 ½ L travelling back over L Stepping L,R,L (3:00)

5,6,7&8 Step fwd R, Pivot ½ L (End Weight L facing 9:00), Travel fwd – Full Triple Spin fwd R Stepping R,L,R (9:00)

[17 – 24&] CROSS & 1/8 L, STEP BACK, STEP BACK & ¼ FWD L, STEP FWD, STEP FWD & ¼ BACK L, STEP BACK, STEP BACK & 1/8 L STEP BESIDE, STEP FWD & STEP L BESIDE R

1&2 Cross L over R & Turning 1/8 L Step back on R, Step back on L (7:00)

3&4 Step back R & Turning ¼ L Step fwd on L , Step fwd R (5:00)

5&6 Step fwd L & Turning ¼ L Step back on R, Step back on L (1:00)

7&8& Step back R & Turning 1/8 L Step L to L, Step fwd on R & Step L beside R (12:00)

[25 – 32] ROCK FWD R, ROCK BACK ON L, TURNING BACK 1 ½ R TRIPLE, STEP FWD L, ½ PIVOT R, FULL TRIPLE FWD L

1,2,3&4 Rock fwd R, Rock back on L (12:00), Turn 1 ½ R travelling back over R Stepping R,L,R (6:00)

5,6,7&8 Step fwd L, Pivot ½ R (End Weight R facing 12:00), Travel fwd – Full Triple Spin fwd L Stepping L,R,L (12:00)

[33 – 40] CROSS STEP, CROSS STEP, STEP FWD R & PIVOT ½ L, STEP FWD R, CROSS STEP, CROSS STEP, STEP FWD L & PIVOT ½ R, STEP FWD L

1,2,3&4 Travel fwd – Cross R Slightly over L, Cross L Slightly over R, Step fwd R & Pivot ½ L, Step fwd R (6:00)

5,6,7&8 Travel fwd – Cross L Slightly over R, Cross R Slightly over L, Step fwd L & Pivot ½ R, Step fwd L (12:00)

[41 – 42&] FULL TRIPLE SPIN FWD R & STEP BESIDE

1&2& Travelling fwd – Full Triple fwd R Stepping R,L,R & Step L beside R (12:00)

SEQUENCE: Wall 1 - A,B,C Wall 2 – A,B,C (36 Counts – End facing 12:00),D Wall 3 – A,B(54 Counts + ¼ SAMBA R) End

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