

Sway

拍数: 80 墙数: 2 级数: Phrased Improver
编舞者: Bonita Malone (USA) - May 2019
音乐: Sway - Danielle Bradbery



#8 count introduction

Tag after Wall 7

Restart after 20 counts of Wall 8

A: 32 counts, 2 walls

B: 48 counts, 1 wall

A: Wall 1 begins with weight on L foot

CROSS, SIDE, SAILOR, CROSS, SIDE, ROCK BACK, RECOVER

123&4 Step fwd R cross front (1), step L side (2), sailor RLR (3&4)

5678 Step L cross front (5), step R side (6), rock back L (7), recover R (8)

STEP L ¼ TURN L, POINT SIDE, CROSS, SIDE, ROCK BACK, RECOVER, STEP SIDE, ROCK BACK RECOVER, STEP L ¼ TURN L

1234 Step L ¼ turn L (1), point R to side (2), step R cross frt,(3) step L side (4)

5&67&8 Rock back R(5), recover(&), step R side (6), rock back L (7), recover(&), step L ¼ turn to L (8)

ROCK FWD, RECOVER, R TRIPLE ½ TURN, STEP FWD L, ½ PIVOT TURN, STEP L ½ TURN, STEP R,L

123&4 Rock fwd on R (1), recover L (2), triple ½ turn RLR(3&4) On Wall 9 – RESTART after triple

567&8 Step L ½ pivot turn (5), step R (6), step L (7) fwd ½ turn, step R (&), L (8)

TOE STRUT, TOE STRUT, JAZZ BOX ½ TURN

1234 R toe strut (1,2), L toe strut (3,4)

5678 Jazz box R,L,R,L with ½ turn to R (5,6,7,8) (NOTE: when facing 12 o'clock finish with ballchange on &8 so that L foot is free to begin part B)

Wall 2 begins at 6 o'clock – repeat A (finish with ballchange on counts &8)

B: Wall 3 begins at 12 o'clock

SWAY L, R, LRL, SWAY R, L, RLR

123&4 SWAY L,R, step side L, R, L

567&8 SWAY R,L, step side R, L, R

CROSS, BACK, SIDE, TOGETHER, SIDE, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH

123&4 step L cross front (1), back on R (2), step side L (3), step R together (&), step side L (4)

5&6&7&8 touch R (5), step R (&), touch L (6), step L (&), touch R (7), step R (7), touch L (8)
(moving backward slightly)

SIDE, TOGETHER, L FRONT SHUFFLE, SIDE, TOGETHER, R BACK SHUFFLE

123&4 step L side (1), step together R (2), fwd shuffle LRL (3&4)

567&8 step R side (5), step together L (6), back shuffle RLR (7&8)

ROCK SIDE, SIDE, CROSS SHUFFLE, ROCK SIDE, SIDE, CROSS SHUFFLE

123&4 rock L side (1), step R side (2), cross shuffle LRL (3&4)

567&8 rock R side (5), step L side (6), cross shuffle RLR (7&8)

***STEP L ¼ TURN, SIDE, ROCK BACK, RECOVER, ¼ TURN L, SIDE, ROCK BACK, RECOVER**

1234 step L ¼ turn (1), step side R (2), rock back on L (3), recover R (4)

5678 step L ¼ turn (5), step side R (6), rock back on L (7), recover R (8)

***REPEAT PREVIOUS 8 COUNTS**

1234 ¼ turn, side, rock, recover, ¼ turn, side, rock recover

5678 ¼ turn, side, rock, recover, ¼ turn, side, FINISH WITH SAILOR STEP 7&8

Wall 4 repeat A to 12 o'clock

Wall 5 repeat A to 6 o'clock

Wall 7 repeat B to 12 o'clock

*TAG – repeat last 16 counts of B

Wall 8 repeat A to 12 o'clock first 20 counts

Wall 9 RESTART repeat B

Wall 10 repeat B first 16 counts

Contact: Bonita73greenville@gmail.com
