

# Feeling Coolish

COPPERKNOB  
BY STEPSHEETS

拍数: 32                      墙数: 2                      级数: Beginner  
编舞者: Mitzi Day (USA) & Lisa McCammon (USA) - May 2019  
音乐: Cool - Jonas Brothers : (Single)



Start weight on L crossed over R - 16 count intro

## NC BASIC R, NC BASIC L; REVERSE RUMBA BOX

1, 2&                      Long step side R, step L back and slightly behind, cross R  
3, 4&                      Long step side L, step back R and slightly behind, cross L  
5&6&                      Step R to side, close L, step back R, touch L home  
7&8&                      Step L to side, close R, step forward L, touch R home

## PLACE-TWIST-TWIST-KICK-COASTER STEP; MIRROR

1&2&                      Place R forward (no weight), twist both heels R, L (weight L), kick R forward  
3&4                      Step back R, close L, step forward R  
5&6&                      Place L forward (no weight), twist both heels L, R (weight R), kick L forward  
7&8                      Step back L, close R, step forward L

## HEEL STRUT, HEEL STRUT, CHUG 2X TURNING LEFT; REPEAT

1&                      Touch R heel slightly forward, drop ball taking weight  
2&                      Touch L heel slightly forward, drop ball taking weight  
3&4&                      Rock/push onto R, recover L whilst turning left 1/8; repeat, ending at [9], weight L  
5&                      Touch R heel slightly forward, drop ball taking weight  
6&                      Touch L heel slightly forward, drop ball taking weight  
7&8&                      Rock/push onto R, recover L whilst turning left 1/8; repeat, ending at [6], weight L  
(hint: over-rotate slightly to left diagonal on last chug)

## CROSS-BACK-SIDE, CROSS-BACK-SIDE; TWIST-&-TWIST-&-KICK-BALL-CROSS

(Note: counts 1-4 move slightly back)

1&2, 3&4                      Cross R, step back L, step R to side; cross L, step back R, step L to side (feet apart)  
5&                      Twist R heel in, twist R heel out, ending with weight on R  
6&                      Twist L heel in, twist L heel out, ending with weight on L (open slightly to right diagonal)  
7&8                      Kick R to right, step R ball home, cross L (ready to step side R into NC basic)

## TAG AFTER 5th repetition facing 6:00—repeat kick-ball cross

1&2                      Kick R forward, step R ball home, cross L

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Lisa: [dancinsfun@gmail.com](mailto:dancinsfun@gmail.com) or visit [www.peterlisamcc.com](http://www.peterlisamcc.com)

Mitzi: [mitziandd@gmail.com](mailto:mitziandd@gmail.com)