

# Tearin' Me Up

拍数: 64                      墙数: 2                      级数: Phrased Intermediate  
编舞者: Rona Kaye (USA) - May 2019  
音乐: Tearing Me Up - Bob Moses : (iTunes, Amazon)



## With One Restart/Change of Step

Sequence: A A B B A A A (Restart) A A B B A A

Dance starts after 8 counts, on the vocals:

### Part A, 32 Counts:

#### Step With Hip Roll, Touch Back, Hip Sways x 2 With Holds And Finger Snaps:

- 1-4                      Step R Side Hip to Right (1), Roll Hip Around CCW End With Weight On L (2-3), Touch R Toe Behind L (4) 12:00
- 5-8                      Step R To Side Right Rolling R Hip To Right & Look To R (5), Snap Fingers Down (6) 12:00 - Shift Weight To L Rolling L Hip To Left Turning 1/8 Turn to Left (7), Snap Fingers Down (8) 10:30

#### Kick Ball Touch, Step Touch, 1/4 Turn Right, Hold, Recover With 1/2 Turn Left, Step Forward:

- 1 & 2                      Kick Right (1), Step On R (&), Slide L Toe To Side Left - 10:30
- 3-4                      Step L Home (3), Slide R Toe To Side Right (4) - 10:30
- 5-6                      Turn 1/4 To Right Transferring Weight To R (5), Hold (6) 1:30
- 7-8                      Recover Weight To L Turning 1/2 To Left (7), Step Forward R (8) 7:30

#### Touch, Cross, Touch, Triple Forward, Rock Recover Cross With 1/8 Turn Right:

- 1-2                      Touch L Toe To Side Left (1), Step L Across The R (2), 7:30
- 3-4 & 5                      Touch R Toe To Side Right (3), Triple Step Forward R-L-R (4 & 5) 7:30
- 6-7-8                      Rock L To Left As You Turn 1/8 To Right (6), Recover Weight To R (7) Cross L Over R (8) - 9:00

\*\*\*\*Restart Here On The THIRD A (In The Second Set Of A's) You Will Have Started This Wall Facing 6:00. Dance up to Count 6 and replace 7 and 8 with the following: On Count (7), Step R To Side Right Turning 1/4 To Right To Face Back Wall (6:00), On Count (8) Step Forward L. Begin A Again To 6:00 Wall.

#### Hinge Turn 1/4 x 2 To Left, Step Forward, Full Turn To Right, Pivot 1/4 Turn, Step Together:

- 1                      Step R Back Turning 1/4 To Left (1) 6:00
- 2                      Step L Forward Turning 1/4 to Left (2) 3:00
- 3                      Step R Forward (3), 3:00
- 4                      Step L Back Turning 1/2 To Right (4) 9:00
- 5                      Step R Forward Turning 1/2 To Right (5) 3:00
- 6-7-8                      Step L Forward (6), Turn 1/4 To Right Taking Big Step R To Right (7), Step L Into R (8) 6:00

### End of Part A.

### Part B, 32 Counts:

#### Walks Forward R, L With Holds, Triple Step, Hold:

- 1-2-3-4                      Step R Forward, Hold (1-2), Step L Forward, Hold (3-4) 12:00
- 5-6-7-8                      Slow Triple Step Forward R-L-R (5-6-7), Hold (8)

#### Walk, Pivot Turn 1/4 To Left Cross, Turn 1/4 To Right, Triple 1/2 Turn To Right, Touch:

- 1-2                      Step L Forward (1), Step R Forward (2), 12:00
- 3-4                      Turn 1/4 to L Transfer Weight To L (3), Cross R Over L (4) 9:00
- 5                      Step L Back Turning 1/4 To Right -12:00
- 6&7-8                      Step R Side Right Turning 1/4 To Right (6), Step L Into R (&) 3:00 - Step R Forward Turning 1/4 To Right (7), Touch L Into R (8) 6:00

**Walks Forward L, R With Holds, Triple Step, Hold:**

1-4 Step Forward L, Hold (1-2), Step Forward R, Hold (3-4) 6:00

5-6-7-8 Slow Triple Step Forward L-R-L (5-6-7), Hold (8) 6:00

**Walk, Pivot Turn  $\frac{1}{4}$  To Left Cross, Turn  $\frac{1}{2}$  To Left, Touch, Hold:**

1-2 Step R Forward (1), Step L Forward (2), 6:00

3-4 Turn  $\frac{1}{4}$  to R Transfer Weight To R (3), Cross L Over R (4) 9:00

5-6-7-8 Step R Back Turning  $\frac{1}{4}$  To Left (5), Step L Forward Turning  $\frac{1}{4}$  To Left (6) 3:00 - Touch R Toe To L (7), Hold (8) 3:00

**End of Part B.**

**To End The Dance: You will have started A at the back wall.**

**The dance ends on count 1 of the third 8 count.**

**Touch the L toe side (1:30) and turn your head left to look front at 12:00 wall.**

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