

All I Know

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Phrased Intermediate
编舞者: Hege Langhelle (NOR) - May 2019
音乐: Arcade - Duncan Laurence



Phrasing: A A A B A B B Tag B B 1/2A

Intro: 16 counts. Start at vocal

Part A: 16 counts

Section 1: chasse, sailor, rock, 5/8 sweep, coaster.

1&2 Rf step R(1), Lf beside Rf(&), Rf step R(2).

3&4 Lf step behind Rf(3), Rf beside Lf(&), Lf step fwd diagonal(3), 10.30

NOTE: the 1st, 2nd and 4th time you dance part A there will be 2 extra counts here (1&2).

The steps will be: hold(1), Rf step fwd(&), Lf step fwd(2)

NOTE: the last time you dance part A(1/2) there will be 4 extra counts here(1 2 3 4)

The steps will be: step(1), hold(2), step(3), hold(4).

5 6 Rf rock fwd(1), recover to Lf with 5/8 sweep R(2), 6.00

7&8 Rf step back(3), Lf beside Rf(&), Rf step fwd(3), 6.00

NOTE: the 1st, 2nd and 4th time you dance part A there will be 2 extra counts here(1&2). The steps will be: hold(1), recover weight to Lf(&), recover weight to Rf(2)

NOTE: the last time you dance part A(1/2) there will be an ending here.

You will sweep 1 1/8 R before the coaster to end at 12.00 (optional: 2 1/2 turn R)

Section 2: Rock, rock, behind, sweep, behind, side, rock, rock, behind, Sweep, behind, side.

1&2& Lf rock in front of Rf(5), recover to Rf(&), Lf rock to L(6), recover to Rf(&), 6.00

3&4 Lf step behind Rf and sweep Rf front to back(3), Rf step behind Lf(&) Lf step L

NOTE: the 1st, 2nd and 4th time you dance A there will be 2 extra counts here(1&2)

The steps will be: hold(1), recover weight to Rf(&), recover weight to Lf(2)

5&6& Rf rock in front of Lf(5), recover to Lf(&), Rf rock to R(6), recover to Lf(&)

7&8 Rf step behind Lf and sweep Lf front to back(7), Lf step behind Rf(&), Rf step R

NOTE: the 1st, 2nd and 4th time you dance A there will be 2 extra counts here(1 2)

The steps will be: hold(1), recover weight to Lf(2) Start A or B

NOTE: the 3rd time you dance A there will be no extra counts but you will step Lf beside Rf on count & after the 8 to start B

PART B: 16 counts

Section 1: sway, sway 1/4, coaster, 1/2, 1/2 sweep, behind, side, 1/8 fwd

1&2 Sway R(after 3rd A: step Rf to R)(1), sway L(&), recover weight to Rf with 1/4 Turn L(2) 3.00

3&4 Lf step back(3), Rf beside Lf(&), Lf step fwd(4)

5&6 Recover to Rf(5), 1/2 turn L Lf step fwd(&), 1/2 turn L Rf step back with sweep Lf sweep front to back(6) 3.00

7&8 Lf behind Rf(7), Rf to R(&), 1/8 R and Lf fwd(8) 4.30

Section 2: behind, side 1/8 L Rf fwd, 1/2, 1/2, 1/2, rock, 1/2, 1/2, 1/4, beside

1&2 Rf behind Lf(1), Lf to L(&), 1/8 L Rf fwd(2) 3.00

3&4 1/2 turn L Lf fwd(3), 1/2 turn L Rf step back(&), 1/2 turn L Lf fwd(4) 9.00

5 6 Rock Rf fwd(5), recover to Lf(6)

7&8& 1/2 turn R Rf fwd(7), 1/2 turn R Lf step back(&), 1/4 turn R Rf step R(8), Lf step beside Rf(&) 12.00

NOTE: when you start into A there will be 2 extra counts here(1 2), The steps will be: Rf step R(1), recover weight to Lf(2) ready to start A

TAG: basic, 5/8 R, fwd x3, coaster, 1/2 L, 1/1 R, coaster, 1/2 R, 1 1/8 L

1 2&3 Rf step R(1), Lf behind Rf(2), Rf cross in front of Lf(&), Lf to L and sweep Rf 3/8 R(3) 7.30

4&5 Rf step fwd(4), Lf step fwd(&), Rf step fwd(5)
6&7 Lf step back(6), Rf beside Lf(&), Lf step fwd(7)
8&1 Rf step back(8), 1/2 turn L Lf step fwd(&), Rf step fwd(1) 1.30

2&3 1/2 turn R Lf step back(2), 1/2 turn R Rf step fwd(&), Lf step fwd(3) 1.30
4&5 Rf step back(4), Lf beside Rf(&), Rf step fwd(5)
6&7 Lf step back(6), 1/2 turn R Rf step fwd(&), Lf step fwd(7)
8& 1/2 turn L Rf step back(8), 5/8 turn L Lf step fwd(&) 12.00

Ready to start B
