Get Wild



拍数: 64 增数: 2 级数: Phrased Intermediate

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音乐: Wild - Lolo : (2:31)



[Sequence: ABB ABB AB]

Part A (32 counts) 1 Wall

A1: Walk, Walk, Hitch, Cross, 1/2 Turn, Point/Lunge. Hold

1,2,3,4 (1) Step R forward; (2) Step L forward; (3) Hitch R knee up; (4) Cross R over L
5,6 (5) Turn ¼ right stepping L back (3:00); (6) Turn ¼ right stepping R to right (6:00)
7,8 (7) Point L to left bending R knee into a lunge position, (8) Straighten R leg bringing L in

toward R

A2: Together, Cross, Side, Behind, Sweep, Behind, ¼ Forward, ¼ Drag (with heel), Together

&1,2,3 (&) Step L beside R; (1) Cross R over L; (2) Step L to left; (3) Step R behind L (begin

sweeping L back/around)

4,5,6 (4) Continue sweeping L back/around; (5) Step L behind R; (6) Turn ¼ right stepping R

forward (9:00)

7 (7) Turn ¼ right taking a large step L to left (begin dragging R heel towards L) (12:00)

8& (8) Continue dragging R heel towards L; (&) Step R beside L

A3: Cross, Side, 1/8 Sailor, Rock Forward/ Recover, Back (drag with heel), Together

1,2 (1) Cross L over R; (2) Step R to right (12:00)

3&4 (3) Step L behind R; (&) Turn 1/8 left stepping R beside L; (4) Step L forward (10:30)

5,6 (5) Rock R forward (10:30); (6) Recover weight back onto L

7 (7) Large step back onto R (begin to drag L heel towards R) (10:30)

8& (8) Continue dragging L heel back towards R; (&) Step L beside R (10:30)

A4: 1/8 Cross, Side, 1/8 Sailor, Rock Forward/ Recover, 1 1/8 Triple Turn on the spot

1,2 (1) Turn 1/8 right as you cross R over L (12:00); (2) Step L to left (12:00)

3&4 (3) Step R behind L; (&) Turn 1/8 right stepping L beside R (1:30); (4) Step R forward (1:30)

5,6 (5) Rock L forward; (6) Recover weight back onto R (1:30)

7&8 (7) Turn 1/2 left stepping L forward (7:30); (&) Step R forward; (8) Turn 5/8 left stepping L

forward (12:00)

Part B (32 Counts) 2 Wall

B1: Scuff, Step, Tap, Step, Kick, Step, Kick, Step, Tap, Step, Kick, Step, Cross Shuffle

1&2& (1) Scuff R forward; (&) Step R to right/slightly forward; (2) Tap L toe behind R; (&) Step L

slightly back

3&4& (3) Kick R forward (low); (&) Step R to right; (4) Kick L forward (low); (&) Step L across R

5&6& (5) Tap R toe behind L; (&) Step R slightly back; (6) Kick L forward (low); (&) Step L beside R

7&8 (7) Cross R over L; (&) Step L to left; (8) Cross R over L

Note: Counts 1-4& are completed whilst traveling slightly to your right.

B2: 1/8 Stomp Out, Out, Back, Coaster, 1/8 Walk, 1/4 Walk, 1/4 Turning Shuffle

&1 (&) Turn 1/8 left as you stomp L forward / out to left; (1) Stomp R forward / out to right (10:30)

2,3&4 (2) Step L back; (3) Step R back; (&) Step L beside R; (4) Step R forward (10:30)

5,6 (5) Turn 1/8 left stepping L forward (9:00); (6) Turn 1/4 left stepping R forward (6:00)

7&8 (7) Turn 1/8 left stepping L forward; (&) Step R beside L (8) Turn 1/8 left stepping L forward

(3:00)

Note: For counts 5-8, pretend you are walking around a chair (5/8 walk around)

B3: Tap, Stomp, Recover, Behind, Side, Cross, Side, Together, Cross, 3/4 Turn

| &1 | (&) Tap ball of R slightly to right; (1) Stomp R slightly forward to right diagonal (3:00) |
|-------|--|
| 2,3&4 | (2) Recover weight onto L; (3) Step R behind L; (&) Step L to left; (4) Cross R over L |
| &5 | (&) Step L to left; (5) Step R beside L (angle body to 4:30) |
| 6,7,8 | (6) Cross L over R (3:00); (7) Turn 1/4 left stepping R back; (8) Turn 1/2 left stepping L forward |
| | (6:00) |

B4: Rock Forward, Recover, Full Turn Back, Coaster, 3x Runs Forward

| 1,2 | (1) Rock R forward; (2) Recover weight back onto L |
|-----|--|
| 3,4 | (3) Turn ½ right stepping R forward (12:00); (4) Turn ½ right stepping L back (6:00) |
| 5&6 | (5) Step R back; (&) Step L beside R; (6) Step R forward |
| 7&8 | 3 little runs forward: (7) Step L forward; (&) Step R forward; (8) Step L forward |

Ending: At the end of the song, you would have just finished PART B for the 5th time and will be facing 6:00 with weight on L. To finish facing the front (12:00); pivot ½ turn right and pose!

NO TAGS. NO RESTARTS. GET WILD!

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