

Lonely, Heartbroken or Hungover

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Lesley Stewart (SCO) & Rep Ghazali (SCO) - May 2019
音乐: Beer Can't Fix (feat. Jon Pardi) - Thomas Rhett



#32 count intro, music available from iTunes and Amazon

Restarts:

*1st restart - dance up to count 24 on wall 1 (restart facing 9 o'clock)

**2nd restart - dance up to count 16 on wall 5 (restart facing 6 o'clock)

***3rd restart - dance up to count 24 on wall 9 (restart facing 3 o'clock)

Sequence: 24, 32, 32, 32, 16, 32, 32, 32, 24, 32, 32, 24

[01-08] L CROSS-1/8 TURNR SIDE, L SHUFFLE BACK, R ROCK BACK-RECOVER, R SHUFFLE 1/2 TURN

1-2 cross Left over Right, 1/8 turn Left step Right to Right side (10.30)

3&4 step back Left, step Right together, step back Left (10.30)

5-6 rock back Right, recover on Left (10.30)

7&8 1/4 turn Left by stepping Right to Right side, step Left together, 1/4 turn Left by stepping back on Right (4.30)

[09-16] L SIDE ROCK-RECOVER, L CROSS-1/4 TURN HITCH, WALK-WALK, R SHUFFLE FWD

1-2 side rock Left (squaring to 3 o'clock wall), recover on Right (3)

3-4 cross Left over Right, 1/4 turn Left hitch up on Right (12)

5-6 walk forward Right, walk forward Left

7&8 step forward Right, step Left together, step forward Right (12)

Restart: 5th wall

[17-24] L ROCK FWD-RECOVER, L & R SHUFFLE 1/2 TURN, L 1/4 TURN-R TOUCH

1-2 rock forward Left, recover on Right

3&4 1/4 turn Left stepping Left to Left, step Right together, 1/4 turn Left stepping forward Left (6)

5&6 1/4 turn Left stepping Right to Right, step Left together, 1/4 turn Left stepping back Right (12)

7-8 1/4 turn Left stepping Left to Left, touch Right together (9)

Restarts: 1st and 9th wall (change weight to Right on count & to restart)

[25-32] R & L TOE SIDE SWITCHES, R & L HEEL FWD SWITCHES, R 1/4 TURN-L TOUCH, L 1/4 TURN-R TOUCH-R TOG

1&2& point Right to Right, step Right together, point Left to Left, step Left together

3&4& touch Right heel forward, step Right together, touch Left heel forward, step Left together

5-6 1/4 turn Left stepping Right to Right, touch Left together (6)

7-8& 1/4 turn Left stepping forward Left, touch Right together, step Right together (3)