Back For Good

拍数: 32

级数: Intermediate

编舞者: Iwan Irawan Lubis (INA) - May 2019

音乐: Back for Good - Take That

Dance begins on vocal (20 count)

SEQUENCE: A-A-B-B-A-A-B-B-B-A-A-TAG-B-B-A

A (16 count)

AI. FORWARD, BACK CROSS, SIDE, BACK, FULL TURN, FORWARD

- 1-2 Step R forward, recover on L
- 3&4 Cross R behind L, recover on L, step R to side with long step
- 5&6 Cross L behind R, recover on R, step L to left diagonal
- 7&8 1/2 turn left stepping R back, 1/2 turn left stepping L forward, step R forward and flick L

AII. WEAVE, LIFT AND KICK, CROSS SAMBA, PIVOT, FORWARD

- 1&2 Step L back, step R to side, cross L over R
- &3-4 Step R to side, cross L behind R, lift and kick R to side
- 5&6 Cross R over L, step L to side, step R in place
- 7&8 Step L forward, ¹/₂ turn right stepping R in place, step L forward

B (16 count)

BI. WEAVE, BIG STEP, CROSS HITCH, CROSS SHUFFLE

- 1&2 Cross R over L, step L to side, cross R behind L
- &3&4 Step L to side, cross R over L, recover on L, step R to side with a big step
- 5-6 Cross L over R, hitch R
- 7&8 Cross R over L, step L to side, cross R over L

BII. MAMBO STEP, MAMBO TURN, MAMBO STEP, WALK FORWARD

- Step L forward, recover on R, step L backward 1&2
- 3&4 Step R backward, recover on L, 1/2 turn left stepping R back (06.00)
- 5&6 Step L back, recover on R, step L forward
- 7-8 Step R forward, step L forward

There is 1 TAG in this dance about 8 count facing 12.00 (see the sequence above) RUMBA BOX, PIVOT, TURN, SWEEP, CROSS

- 1&2 Step R to side, close L beside R, step R back
- 3&4 Step L to side, close R beside L, step L forward
- 5&6 Step R forward, ½ turn left stepping L in place, ½ turn left stepping R back and sweep L
- 7&8 Cross L behind R, step R to side, cross L over R

Enjoy the dance and don't hesitate to contact me at iwanlubis1453@gmail.com

Submitted By - Hotma Tiarma Purba: hottiepurba@yahoo.com





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