

Pack Up

COPPER KNOB
STEPPERS

拍数: 48
编舞者: Bonita Malone (USA) - May 2019
音乐: Pack Up - Eliza Doolittle

墙数: 4

级数: Phrased Beginner / Improver



One objectionable word at 1:25.

Alternate music version Teenage Pop Anthems, Vol. 4, by Kick Back Ohio
(tempo seems slightly slower and vocals not as good)

#32 count introduction

A: 32 counts, 4 walls

B: 16 counts, 2 walls

A1: SIDE, TOGETHER, HEEL OUT, HEEL IN, KICK BALLCHANGE, ROCK FRONT, RECOVER

1234 step R side, step together L, press R heel out, in

5&678 L kick ball-change, rock forward on L, recover on R

A2: COASTER STEP, PIVOT ¼ TURN, CROSS FRONT, STEP ¼ TURN R, STEP R 1/4 TURN, CROSS FRONT

1&234 Coaster step LRL, step R ¼ pivot turn, step L (facing 9 o'clock)

5678 step R cross front, step L ¼ turn R, step R ¼ turn R, step L cross front (facing 3 o'clock)

A3: SIDE, CROSS ROCK BACK, RECOVER, SIDE, CROSS BACK, SIDE, CROSS SHUFFLE

1234 step R side, cross rock back L, recover R, step L side

567&8 R cross back, step L side, R cross shuffle

A4: SIDE, CROSS ROCK BACK, RECOVER, STEP ¼ TURN R, L TRIPLE ½ TURN R, STEP, CROSS FRT

1234 step L side, cross rock back R, recover L, step R ¼ turn R

5&678 L triple ½ turn, step back on R ¼ turn R, cross L

Wall 2 begins at 3 o'clock

Wall 3 begins at 6 o'clock

Wall 4 begins at 9 o'clock

Wall 5 begins at 12 o'clock

Wall 6 begins at 3 o'clock

Wall 7 begins at 6 o'clock

Wall 8 begins at 9 o'clock

B: Wall 9 begins at 12 o'clock "Tweet, Tweet"

B1: STEP, POINT, STEP, POINT, SIDE, TOGETHER, SIDE, POINT

1234 step R, point L fwd, step L, point R fwd

5678 step R side, step L together, step R side, point L fwd

B2: SIDE, TOGETHER, SIDE, POINT, SIDE, ROCK BACK, RECOVER ¼ TURN, CROSS ¼ TURN

1234 step L side, step R together, step L side, point R fwd

5678 step R side, cross rock back L, recover on R ¼ turn L, step cross front on L ¼ turn L

REPEAT B: BEGINNING AT 6 O'CLOCK (Wall 10)

Wall 11 Restart A beginning at 12 o'clock

Wall 12 A begins at 3 o'clock

Wall 13 A begins at 6 o'clock

