

Milestone

拍数: 64 墙数: 2 级数: Intermediate
编舞者: David Villellas (IT) & Silvia Denise Staiti (DE) - December 2018
音乐: Your Love Is a Miracle - Mark Chesnutt : (CD: Too Cold At Home - 1990)



Sect. 1 - HEEL STRUTS, ½ TURN RIGHT & HEEL STRUTS

1-2 Right heel forward, drop right toe
3-4 Left heel forward, drop left toe
5-6 Turn ½ right and right heel forward, drop right toe (6:00)
7-8 Left heel forward, drop left toe

Sect. 2 - TOE STRUT ½ TURN LEFT (X2), ROCK STEP FORWARD, ½ TURN RIGHT & ROCK STEP FORWARD

1-2 Right toe forward, turn ½ left and drop right heel
3-4 Left toe back, turn ½ left and drop left heel (6:00)
5-6 Rock right forward, recover to left
7-8 Turn ½ right and rock right forward, recover to left (12:00)

Sect. 3 - WALK BACKWARD (R,L,R), HOLD, LEFT COASTER STEP, HITCH RIGHT

1-2 Step right backward, step left backward
3-4 Step right backward, hold
5-6 Step left back, step right together
7-8 Step left forward, hitch right

Sect. 4 - WALK FORWARD (R,L,R), STOMP UP, KICK, BACK, KICK, STOMP

1-2 Step right forward. Step left forward
3-4 Step right forward, stomp up left together
5-6 Kick left forward, step left back
7-8 Kick right forward, stomp right forward

*Restart here on 3rd wall

Sect. 5 - HEEL FAN, KICK, HOOK, TURN ¼ RIGHT & ROCK STEP FORWARD, RIGHT TOE STRUT

1-2 Swivel right heel out, swivel right heel in
3-4 Kick right forward, hook right behind
5-6 Turn ¼ right and rock right forward, recover to left (3:00)
7-8 Right toe back, drop right heel

Sect. 6 - TURN ½ LEFT & ROCK FORWARD, TOE STRUT & ¼ TURN LEFT, JAZZBOX end CROSS

1-2 Turn ½ left and rock left forward, recover to right (9:00)
3-4 Left toe back, turn ¼ left and drop left heel (6:00)
5-6 Cross right over left, step left back
7-8 Step right side, cross left over right

Sect. 7 - RIGHT GRAPEVINE end CROSS, CHASSÉ RIGHT, ROCK STEP

1-2 Step right side, cross left behind
3-4 Step right side, cross left over
5&6 Step right side, step left together, step right side
7-8 Rock left back, recover to right

Sect. 8 - LEFT GRAPEVINE end CROSS, CHASSÉ LEFT, ROCK STEP

1-2 Step left side, cross right behind
3-4 Step left side, cross right over

5&6 Step left side, step right together, step left side
7-8 Rock right back, recover to left

START AGAIN

Restart: On the 3rd wall, dance 32 counts and start again (12:00)

Submitted by - Mercè Orriols: countrymerce@gmail.com
