

AB Funky Town

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 1 级数: Absolute Beginner
编舞者: Janet Cummings (USA) - April 2019
音乐: Funkytown - Lipps, Inc.



Intro: 24 Count - No Tags or Restarts

SECTION 1: R STEP FORWARD, L POINT TO SIDE, L STEP FORWARD, R POINT TO SIDE; R STEP BACK, L POINT TO SIDE, L STEP BACK, R POINT TO SIDE

1, 2, 3, 4 R Step Forward, L Point to Side, L Step Forward, R Point to Side

5, 6, 7, 8 R Step Back, L Point to Side, L Step Back, R Point to Side

SECTION 2: R SIDE TO SIDE, TOUCH; L SIDE TO SIDE, TOUCH

1, 2, 3, 4 R Step to Side, L Follow, R Step to Side, L Touch

5, 6, 7, 8 L Step to Side, R Follow, L Step to Side, R Touch

SECTION 3: NOT A MIRRORED SECTION!!!

R FORWARD DOUBLE HIP BUMP, L BACK DOUBLE HIP BUMP; R ROCK BACK, L RECOVER, R HEEL BRUSH, R TOE TOUCH

1, 2 R Step Forward With Weight, Bump Hip Forward Twice

3, 4 Shift Weight to L, Bump Hip Back Twice

5, 8 R Rock Back, L Recover, Brush R Heel Forward, R Toe Touch

SECTION 4: K - STEP

1-4 R Step Forward Diagonal, L Touch; L Step Back Diagonal, R Touch

5-8 R Step Back Diagonal, L Touch; L Step Forward Diagonal, R Touch

This AB series of dances was written for inexperienced dancers everywhere. Remember, use Small Steps, be friendly and courteous, and most important – have fun!

Note: There is no limit to song choice or genre for the easy dances in this series. Try them out whenever, wherever!

Studies show that Dance enhances Physical and Mental health! Thanks for your support.

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