

Simply Whole Again

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4
编舞者: Susie G (UK) - May 2019
音乐: Whole Again - Atomic Kitten

级数: Absolute Beginner



Intro: 16 counts, start on vocal

Count throughout is: 1 2 3 & 4 , 5 6 7 & 8

S1: ROCK R, RECOVER. BEHIND, SIDE, CROSS. ROCK L, RECOVER. BEHIND, SIDE, CROSS

1-2 Rock to R on R, recover
3&4 Cross R behind L, step to L on L, cross R over L
5-6 Rock to L on L, recover
7&8 Cross L behind R, step to R on R, cross L over R

S2: PT R FWD, SIDE. BEHIND, SIDE, CLOSE. PT L FWD, SIDE. BEHIND, SIDE, CLOSE

1-2 Point R toe fwd, point R toe to R side
3&4 Cross R behind L, step to L on L, close R beside L
5-6 Point L toe fwd, point L toe to L side
7&8 Cross L behind R, step to R on R, close L beside R

S3: GRAPEVINE INTO CHASSE ¼ TURN R. CROSS, BACK. CHASSE TO L

1-2 Step to R on R, cross L behind R
3&4 Step to R on R with ¼ turn R, close L beside R, step to R on R (3 o'clock)
5-6 Cross L over R, step back on R
7&8 Step to L on L, close R beside L, step to L on L

S4: PT R FWD, TOUCH R BESIDE, SHUFFLE FWD. PT L FWD, TOUCH L BESIDE, SHUFFLE FWD

1-2 Point R toe fwd, touch R toe beside L foot
3&4 Step fwd on R, close L beside R, step fwd on R
5-6 Point L toe fwd, touch L toe beside R foot
7&8 Step fwd on L, close R beside L, step fwd on L
