

# A.J.

拍数: 24                      墙数: 4                      级数: Beginner  
编舞者: Paul Glossop (UK) & Sylvia Glossop (UK) - May 2019  
音乐: Lonesome Rodeo Cowboy - George Strait  
或: Dixieland Delight - Alabama



(written up by Helen Parkyn)

## STOMPS AND SIDE TOUCHES

- 1 - 4                      Stomp right foot in place twice, touch right toe out to right side, replace right foot beside left.  
5 - 8                      Stomp left foot in place twice, touch left toe out to left side, replace left foot beside right.

## HEEL TAPS AND TOE TOUCHES

- 1 - 4                      Tap right heel forward twice, touch right toe straight back twice

## 4 HEEL TOE STRUT STEPS FORWARD

- 1 - 4                      Touch right heel forward, snap right toe down to floor, touch left heel forward, snap left toe down to floor  
5 - 8                      Touch right heel forward, snap right toe down to floor, touch left heel forward, snap left toe down to floor

## STEP PIVOT 1/2 TURN, STEP PIVOT 1/4 TURN

- 1 - 4                      Step forward right foot, pivot  $\frac{1}{2}$  turn left, step forward right foot, pivot  $\frac{1}{4}$  turn left

Begin again

Personal alternative track (Helen Parkyn) ..... Honey I'm home by Shania Twain

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