

It Is What It Is

拍数: 32 墙数: 4 级数: Beginner
编舞者: Hiroko Carlsson (AUS) - May 2019
音乐: It Is What It Is - Billy Keeble : (iTunes)



(Intro: 32 counts)

[S1] Heel Strut RL, Rock Fwd, Shuffle Back

1 2 Step right heel forward, Drop right toe to floor
3 4 Step left heel forward, Drop left toe to floor
5 6 Rock/step forward on R, Recover weight on L
7 8 Step back on R, Step L next to R, Step back on R

[S2] Back Rock, 3x Step-Scuff

1 2 Rock/step back on L, Recover weight on R
3 4 Step L forward, Scuff R heel
5 6 Step R forward, Scuff L heel
7 8 Step L forward, Scuff R heel** (12:00)

[S3] Vine Right, Vine 1/4L

1 2 Step R to right, Step L behind R
3 4 Step R to right, Touch L beside R
5 6 Step L to left, Step R behind L
7 8 Make a ¼ turn left stepping forward on L, Touch R beside L (9:00)

[S4] 1/4L Side-Touch, Side-Touch, Back Rock, Step-Pivot 1/4L

1 2 Make a further ¼ turn left stepping R to right, Touch L next to R (6:00)
3 4 Step L to left, Touch R next to L
5 6 Rock/step back on R, Recover weight on L
7 8 Step forward on R, Make a ¼ turn left recover weight on L (3:00)

Restart on Wall 5 count 16** (12:00)

Ending: Count 28-32

Rock/step back on R, Recover weight on L (6:00)

Make a ½ turn left to the front stepping back on R, Step L together (12:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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