

Bigger Than Us

拍数: 24 墙数: 2 级数: Beginner / Improver
编舞者: Clint Childs (UK) - May 2019
音乐: Bigger Than Us - Michael Rice



Start: When the beat comes in at approximately 29 seconds.

Left Coaster Step, Right Lock Step (Quarter Turn Clockwise), Pivot Turn, Left Side Chasse (Quarter Turn Clockwise).

- 1 Left Foot Back.
- 2 Right Foot Close To Left Foot.
- 3 Left Foot Forward.
- 4 Step Forward with the Right Foot to 3 O'clock (i.e. turning right a quarter).
- & Left Foot lock Behind Right Foot.
- 5 Step Right Foot Forward.
- 6 Left Foot Forward (3 O'clock).
- 7 Pivot Turn to the Right to face 9 O'clock (on Balls of Both Feet)
- 8 Quarter turn right with a Left foot side Left (Face 12 O'clock).
- & Right Foot Close To Left Foot.
- 1 Left Foot Side Left (12 O'clock).

Right Foot Back (Quarter Turn Clockwise), Cross & Cross (Turn Anticlockwise to 6 O'clock), Walk Left then Right, Twist (with slight Dip) Left then Right then Rise.

- 2 Quarter Turn right with Right Foot Step Back (Turn Facing 3 O'clock).
- 3 Recover Weight on to Left Foot. (3 O'clock)
- Turn Anticlockwise 3/4 over the next 2 beats.**
- 4 Right Foot Cross over Left (Turning Anticlockwise).
- & Left Foot Small Step Left (continue Turning Anticlockwise).
- 5 Right Foot cross over Left Foot (Turning Anticlockwise - end facing 6 O'clock).
- 6 Left Foot Forward (6 O'clock).
- 7 Right Foot Forward
- 8 Twist Body left on Balls of both Feet (just less than a quarter turn left - lower hips a little to dip down)
- & Twist body back (begin to raise hips slightly) to face 6 O'clock.
- 1 Rise up. (6 O'clock)

Walk Back Right then Left (Quarter Turn Clockwise), Right Foot Side Right Rock and Recover, Jazz Box (Quarter Turn Right), Left Forward Rock and Recover.

- 2 Right Foot Back (6 O'clock).
- 3 Left Foot Back (slight diagonal) with Quarter Turn To Right (9 O'clock).
- 4 Right Foot Side Rock Right.
- & Recover Weight to Left Foot (9 O'clock).
- 5 Right Foot Cross over Left Foot (9, O'clock).
- 6 Left Foot Back (Begin a Quarter Turn Clockwise).
- 7 Right Foot Forward (Finish the Quarter Turn Clockwise) (12 O'clock).
- 8 Rock Forward on Left Foot.
- & Recover on to Right Foot. (12 O'clock)

Repeat.

Last Update - 17 May 2019