

# Ladies In The 90s

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
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音乐: Ladies In The '90s - Lauren Alaina : (iTunes)



Intro: 32 count

## Section 1 [1-8] Walk R, L, Anchor Step, Tap Unwind L 1/2 , Chasse 1/4 L

1,2            Walk fwd R, Walk fwd L.  
3&4            Rock R behind L, Rec L, step back R  
5,6            Tap L Toe back, 1/2 unwind over L shoulder, weight on L (6 o'clock)  
7&8            1/4 turn L step R to R side, place L beside R, Step R to R side (3 o'clock)

## Section 2 [9-16] Sailor L Side, Ball Side, Behind, 1/4 L Shuffle Fwd, Paddle 1/2 Turn L

1&2            Step L behind R, step R beside L, step L to left side  
&3,4            Step R beside L, Step L to L side, Step R behind L  
5&6            1/4 turn L step L fwd, step R beside L, Step fwd L. (12 o'clock)  
7,8            Weight on L, 1/4 turn L tap R to R side, 1/4 turn L tap R to R side (6 o'clock)

**\*Restart here on walls 2 & 6 (see note)**

## Section 3 [17-24] Cross Samba R, Cross Side, Sailor 1/4 L, Ball Step Fwd, Brush Tap

1&2            Cross R over L, side Rock L, rec R  
3,4            Cross L over R, Step R to R side  
5&6            1/4 turn L place L behind R, step R beside L, step L fwd  
&7&8            Step R beside L, Step fwd L, Brush R fwd, Tap R Toe fwd (3 o'clock)

## Section 4 [25-32] Twist Heels, Kick R, Coaster R, Ball Step 1/2 L, Step 1/4 L

1&2            Twist both heels out, bring in & kick R fwd  
3&4            Step back R, step L beside R, step R fwd  
&5,6            Step L beside R, step R fwd pivot 1/2 L (9 o'clock)  
7,8            Step fwd R, pivot 1/4 L (6 o'clock)

**\*Restarts: Walls 2 & 6, after 16 counts, you will be facing 12 o'clock**

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