

Better Off Gone

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Tracy Patterson (USA) - May 2019
音乐: Better off Gone - Logan Mize



Intro: 16 counts (Start on Vocals)
Restart on Wall 7 After 24 Counts

Rock, Recover Left, ½ Turn Shuffle, Rock, Recover right, ½ Turn Shuffle

1-2 Rock forward on Right foot, Recover weight on Left
3&4 ½ Turn Shuffle to the Right, Left, Right, while turning Right (6 o'clock)
5-6 Rock forward on Left foot, Recover weight on Right
7&8 ½ Turn Shuffle Left, Right, Left, while turning Left (12 o'clock)

Heel Switches, Hitch, Step x2

1&2&3&4& Right Heel, Step Right, Left Heel, Step Left, Right Heel, Hitch Right over Left knee, Right Heel, Step Right
5&6&7&8& Left Heel, Step Left, Right Heel, Step Right, Left Heel, Hitch Left over Right knee, Left Heel, Step Left

Heel Jacks x2

1-2&3&4 Step Right to Right side, Step Left behind Right, Step Right to Right side, Left Heel, Step Left, cross Right over Left
5-6&7&8 Step Left to Left side, Step Right behind Left, Step Left to Left side, Right Heel, Step Right, Step Left Forward

***Restart here on 7th Wall**

¼ Turn x2, Sailor Stop, Brush, Stomp

1-4 Step Right foot forward, turn ¼ to the left, Repeat (6 o'clock)
5&6 Cross Right behind Left, Step Left to Left side, Step Right
7-8 Brush Left foot (knee up), Stomp down on Left

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