Can't Stop The Feeling

级数: Improver

编舞者: Betty Lee (CAN) - May 2019

音乐: CAN'T STOP THE FEELING! - Justin Timberlake

Intro: 16 counts	
S1. R Cross-Side Rock, L Cross-Side Rock, Paddle Full Turn	
1&2	Cross Step RF over LF, Rock Step LF to L, Recover onto RF
3&4	Cross Step LF over RF, Rock Step RF to R, Recover onto LF
5	Make ¼ turn L on ball of LF, pointing RF to R (9:00)
6	Make ¼ turn L on ball of LF, pointing RF to R (6:00)
7-8	Repeat count 5-6 (12:00)
S2. Step, Hold, Ball, Walk R-L, Step, Pivot ½, Step, Pivot ¼	
1-2	Step Forward RF, Hold
&3-4	Step ball of LF next to RF, Step Forward RF, Step Forward LF
5-6	Step Forward RF, Pivot ½ turn L (wt. onto LF) (6:00)
7-8	Step Forward RF, Pivot ¼ turn L (wt. onto LF) (3:00)
*** Restart here on Wall 5	
S3. Forward, Sweep, Cross Shuffle, Sway 4X	
1-2	Big Step RF forward, Sweep LF from back to front
3&4	Cross Step LF over RF, Step RF to R, Cross Step LF over RF
5-8	Step RF to R swaying hips to R, Sway hips to L,R,L ending weight on LF
S4. Behind-Side-Cross, Back-Lock-Back, Back R, Back L, ½ L , Point	

S

- 1&2 Step RF behind LF, Step LF to L, Cross Step RF over LF
- 3&4 Step back on LF, Lock Step RF across LF, Step back on LF
- 5 Small Step RF back to R diagonal (Angle body to R) (4:30)
- 6 Small Step LF back to L diagonal (Angle body to L) (1:30)

1/8 Turn L stepping back on RF (12:00), 1/4 Turn L stepping LF to L, Point R Toes to R (9:00) 7&8

- *** Easy option for the last 4 counts of S4:
- *5-6 Step back RF, Step back LF (3:00)

*7&8 ¼ Turn L Stepping back on RF (12:00), ¼ Turn L Stepping LF to L, Point R Toes to R (9:00)

REPEAT

Restart: On Wall 5, after 16 counts, facing 3:00

Tag: End of Wall 11, facing 9:00

Cross, Cross, Back, Side

1-4 Cross Step RF over LF, Cross Step LF over RF, Step back on RF, Step LF to L side





拍数: 32

墙数:4