

Good Vibes

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jake "Noodle" Garcia - May 2019
音乐: Good Vibrations - Marky Mark and the Funky Bunch



#16 measure intro, the song counts you in

[1-8] Body Roll, Kick ball Points, Knee Swings ¼ R

1-2 Body roll down
3&4 Kick RF, step RF in place, point LF out
5&6 Kick LF, step LF in place, point RF out
& Lift R heel and swing R knee clockwise
7 Lift L heel and swing L knee clockwise
& Finish R circle with a ¼ turn right, stepping R heel down
8 Finish L circle, stepping L heel down

[9-16] Back Pivot ½ R, ½ R Heel Step, LF Heel Step, Point, Hook ¼ R

1 2 Step RF back, pivot ½ R
3 4 Continue turn ½ R and step R heel then drop toe
5 6 Step L heel then drop toe
7 8 Point RF out, hook RF across L while turning ¼ R

[17-24] Slide R, Hip Bumps, Step, Hitch ¼ L, Side, Behind

1-2 Slide out R
3, 4 Hip bumps L R
5 Transfer weight to LF with hip bump
6 Turn ¼ L, hitching RF with hip bump
7, 8 Step RF to the R, step LF behind RF

[25-32] Full Unwind L, Swivel Steps Back

1-4 Unwind in a full circle over L shoulder (CCW)
5 Step LF back and fan the RF to the R
6 Step RF back and fan the LF to the L
7 Step LF back and fan the RF to the R
8 Step RF together

Restart on Wall 9, After 16 Counts step R into body roll to begin the next wall.
(For reference in the song, the Restart is just after he says "can you feel it baby? I can too")