

Ain't No Pleasing You

COPPER KNOB
BY STAFKE PEETERS

拍数: 64 墙数: 4 级数: High Beginner
编舞者: Stafke Peeters (NL) - May 2019
音乐: Ain't No Pleasing You - Chas & Dave



Info: Start on the music

Toe Strut R-L, Shuffle, Rock, Recover,

1,2,3,4, 1 RF step toe aside/ 2 RF heel down/ 3 LF step toe cross over RF/ 4 LF heel down
5,&,6,7,8, 5 RF step aside/ & LF step next to RV/ 6 RF step aside/ 7 LF rock cross rear RF/ 8 Weight back

Toe Strut R-L, Shuffle, Rock, Recover,

1,2,3,4, 1 LF step toe aside/ 2 LF heel down/ 3 RF step toe cross over LF/ 4 RF heel down
5,&,6,7,8, 5 LF step aside/ & RF step next to LF/ 6 LF step aside/ 7 RF rock cross rear LF/ 8 LF weight back

Right Shuffle With ½ Turn, Rock Back, Recover, Left Shuffle With ½ Turn, Rock back, Recover,

1,&,2,3,4, 1 RF ¼ turn L-step Fwd/ & LF step next to LF/ 2 RF ¼ turn L-step behind/ 3 LF rock rear/ 4 RF weight back [6]
5,&,6,7,8, 5 LF ¼ turn R-step Fwd/ & RF step next to LF/ 6 LF ¼ turn R-step behind/ 7 RF rock rear/ 8 LF weight back [12]

Jazz Box ¼ Turn, Toe Touch Right And Left,

1,2,3,4, 1 RF cross over LF/ 2 LF step behind/ 3 RF step ¼ turn R/ 4 LF step next to RF [3]
5,6,7,8, 5 RF tap toe aside/ 6 RF step next to LF/ 7 Tap toe aside/ 8 LF step next to RF

Heel Grinds, Rock Back, Heel Grinds, Rock Back,

1,2,3,4, 1 RF heel for/ 2 LF ¼ turn right with toe from left to the right/ 3 RF rock rear/ 4 LF weight back [6]
5,6,7,8, 5 RF heel for/ 6 LF ¼ turn right with toe from left to the right/ 7 RF rock rear/ 8 LF weight back [9]

R Touch Toe Forward, Touch Beside, Sailor Step, L Touch Toe Forward, Touch Beside, Sailor Step

1,2,3,&,4, 1 RF tap toe forward/ 2 RF tap toe sideways/ 3 RF cross rear LF/ & LF step next to RV/ 4 RF step aside
5,6,7,&,8, 5 LF tap toe forward/ 6 LF tap toe sideways/ 7 LF cross rear RF/ & RF step next to LF/ 8 LF step aside

¼ Pivot, Cross Shuffle, Side Rock, Cross Shuffle,

1,2,3,&,4, 1 RF step forward/ 2 R+L pivot turn left/ 3 RF cross over LF/ & LF step next to RF/ 4 RF cross over LF [6]
5,6,7,&,8, 5 LF rock aside/ 6 RF weight back/ 7 LF cross over RF/ & RF step next to LF/ 8 LF cross over RF

Monterey ¼ Turn, Sway R-L-R-L,

1,2,3,4, 1 RF tap toe aside/ 2 RF ¼ turn right/ 3 LF tap toe left aside/ 4 LF step next to RF [9]
5,6,7,8, 5 RF knee in (sway)/ 6 LF knee in (sway)/ 7 RF knee in (sway)/ 8 knee in (sway)

Start Again

Restart: Dance the 6th wall t/w count 52 (count 4 of the 7th block)
count 53 LF step next to RF, now wait for the repossession of the music and start again

