

Incredible

拍数: 32 墙数: 2 级数: Intermediate / Advanced
编舞者: Ria Vos (NL) - May 2019
音乐: Incredible - James TW : (Album: Chapters)



Start on the word 'dress'... you're wearing that dress I like... (± 19 sec into track)

Cross Rock, Ball-Cross/Sweep, Jazz Box ¼ R, Cross Rock, Ball-Cross/Sweep, Weave R

- 1-2a Cross Rock R Over L, Recover on L, Step R Next to L
- 3 Cross L Over R Sweeping R from Back to Front
- 4&a Cross R Over L, 1/8 Turn R Step Back on L, 1/8 Turn R Step R to R Side (3:00)
- 5-6a Cross Rock L Over R, Recover on R, Step L Next to R
- 7 Cross R Over L Sweeping L from Back to Front
- 8&a Cross L Over R, Step R to R Side, Step L Behind R

Side Rock, Full Turn L, Side Rock, ¼ R ½ R, Back w/Hook, Step, Step Lock Step, Step Pivot ½ R, Step Fwd

- 1-2a Rock R to R Side, ¼ Turn L Recover on L, ½ Turn L Step Back on R (6:00)
- 3-4a ¼ Turn L Rock L to L Side, ¼ Turn R Recover on R, ½ Turn R Step Back on L (12:00)
- 5-6 Step/Rock Back on R Hooking L Over R (Angle Body R), Step Fwd on L
- &a7 Step Fwd on R, Lock L Behind R, Step Fwd on R
- 8&a Step Fwd on L, Pivot ½ Turn R, Step Fwd on L (6:00) ***Restart Point Wall 2

Prissy Walks, Crossing Samba, Crossing Samba ¼ Turn L, 1/8 L Step/Kick, Back, Back, Rock Back, 3/8 R, ½ R w/Sweep

- 1-2 Step R Slightly Crossed Fwd, Step L Slightly Crossed Fwd ***Restart Point Wall 6
- 3&a Cross R Over L, Rock L to L Side, Recover on R
- 4&a Cross L Over R Turning ¼ L, Rock R to R Side, Recover on L
- 5 1/8 Turn L Step Fwd on R at the same time Kicking L Fwd (1:30)
- 6a7 Step Back on L, Step Back on R, Rock Back on L
- 8a1 Recover on R, 3/8 R Step Back on L, ½ R Step Fwd on R Sweeping L Fwd (12:00)

Jazz Box Cross/Sweep, Weave ¼ R, Hitch ½ R, Step Fwd, Spiral Full Turn L, Run L-R-L ¼ L

- 2&a Cross L Over R, Step Back on R, Step L to L Side
- 3 Cross R Over L Sweeping L Fwd
- 4&a Cross L Over R, Step R to R Side, Step L Behind
- 5 ¼ Turn R Step Fwd on R Hitch L and Turn on R foot another ½ Turn R (9:00)
- 6-7 Step Fwd on L, Step Fwd on R and Spiral Full Turn L
- 8&a 'Run' Around ¼ Turn L Stepping L-R-L (6:00)

Restarts: On wall 2 after count 16&a, on wall 6 after count 18 (both 12:00)

Tag: After wall 3 & 5 (both 6:00)

Cross Rock & Cross Rock &

- 1-2a Cross Rock R Over L, Recover on L, Step R Next to L
- 3-4a Cross Rock L Over R, Recover on R, Step L Next to R

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