

Lay Me Down

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Eun Mi Lim (KOR) & S.E.A of love (KOR) - May 2019
音乐: Lay Me Down - Pixie Lott



Intro: #16 Counts (approx. 7secs).

S1: Syncopated Jazz Box-Cross, Rock Side/ Recover, Hip Bump R, Forward, Point L.

1-2&3 Cross R over L, Step back on L, Step R to right side, Cross L over R.
4-5-6 Rock side on R, Recover on L, Touch R ball slightly forward bumping R hip up.
7-8 Step forward on R, Point L toe to left side.

S2: Sailor L, Behind, Point L, Turn 1/4 Jazz Box-Cross, Side L.

1&2 Step L behind R, Step R to right side, Step L to left side.
3-4 Step R behind L, Point L toe to left side.
5-6 Cross L over R, 1/4 turn L stepping back on R. (9:00)
7-8& Step L to L side, Cross R over L, Step L to left side. **Restart

S3: Cross R, Point L, Cross L, Point R, Kick Ball Change, Skate on R, L.

1-2 Cross R over L, Point L toe to left side.
3-4 Cross L over R, Point R toe to right side.
5&6 Kick forward on R, Step R ball beside L, Step forward on L.
7-8 Skate on R to right side, Skate on L to left side.

S4: Forward R, 1/2 Pivot, Forward R, Hold, Together L, Forward R, Scuff L, Forward L, Scuff R.

1-2 Step forward on R, Pivot 1/2 L (weight on L). (3:00)
3-4& Step stomp forward on R, Hold, Step L next to R.
5-6 Step forward on R, Scuff L next to R.
7-8 Step forward on L, Scuff R next to L.

**** Restart: Facing 12:00 on wall 5 (after count 16&) then Restart facing 9:00**

Ending: During Wall 14, Dance finishes on count 16 of S2 and then turn 1/2 L. Dance ends facing 12:00

Enjoy Dancing Always!

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