

My Turn

COPPER **NOB**
BY STEPHEN

拍数: 48 墙数: 2 级数: Improver
编舞者: Sophie Ruhling (FR) - November 2018
音乐: My Turn (feat. Chris Carmack) - Nashville Cast



#16 count intro - 1 RESTART

SECT.1 : WALK R, WALK L, KICK BALL STEP R, ROCK STEP R FWD, TRIPLE STEP R BACK

1-2 walk R, walk L
3&4 kick R fwd, step R ball in place, step L in place
5-6 rock step R fwd, recover on L
7&8 back R, back L beside R, back R

SECT.2 : BACK L, BACK R, COASTER STEP L BACK, SKATE R, SKATE L, TRIPLE STEP R FWD

1-2 back L, back R
3&4 back L, back R beside L, walk L
5-6 skate R fwd, skate L fwd
7&8 walk R, walk L beside R, walk R

SECT.3 : TRIPLE STEP L FWD, MILITARY TURN 1/4 L, CROSS TRIPLE R OVER L, 1/4 TURN L TRIPLE STEP L FWD

1&2 walk L, walk R beside L, walk L
3-4 walk R, 1/4 turn L (weight on L) (9.00)
5&6 cross R over L, step L beside R, cross R over L
7&8 1/4 turn L walk L, walk R beside L, walk L (6.00)

***Restart here wall 5 (6.00)**

SECT.4 : CROSS R OVER L TWIST FULL TURN CCW, ROCK STEP L SIDE, CROSS TRIPLE L OVER R, 1/4 TURN L BACK R, 1/4 TURN L WALK L

1-2 cross R over L, full turn L (weight on R & L locked over R)
3-4 rock step L to L side, recover on R
5&6 cross L over R, step R beside L, cross L over R
7-8 1/4 turn L back R, 1/4 turn L walk L (12.00)

SECT.5 : WALK R, WALK L, KICK BALL STEP R, CROSS R OVER L, 1/4 TURN R BACK L, ROCK STEP R SIDE

1-2 walk R, walk L
3&4 kick R fwd, step R ball, walk L
5-6 cross R over L, 1/4 turn R back L (3.00)
7-8 rock step R to R side, recover on L

SECT.6 : WALK R, WALK L, KICK BALL STEP R, CROSS R OVER L, 1/4 TURN R BACK L, ROCK STEP R SIDE

1-2 walk R, walk L
3&4 kick R fwd, step R ball, walk L
5-6 cross R over L, 1/4 turn R back L (6.00)
7-8 rock step R to R side, recover on L

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