

# Single Man

拍数: 32      墙数: 4      级数: Improver - Polka  
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音乐: Single Man - High Valley



Introduction: after the word « Well »

## [1-8] WIZARD STEP, SWEEP, CROSS SHUFFLE, SIDE ROCK, TOGETHER

1-2&      Step RF diagonally forward R, Lock LF behind RF, Step RF diagonally forward R  
3-4      Step LF diagonally forward L & Sweep RF over LF (on 2 counts)  
5&6      Cross RF over LF, Step LF side, Cross RF over LF  
7-8&      Rock step LF side, Recover on RF, Step LF together

## [9-16] 1/4 R, DIAGONAL SLIDE TOUCH x2, SHUFFLE FWD, 1/4 R SHUFFLE SIDE

1-2 ..      1/4 turn R.. Big step RF diagonally forward R, Slide & touch L toe together (3:00)  
3-4      Big step LF diagonally forward R, Slide & touch R toe together

**Style : bend knees on counts 1/3, straighten them on counts 2/4**

5&6      Step RF forward, Step LF together, Step RF forward  
7&8 ..      1/4 turn R.. Step LF side, Step RF together, Step LF forward (6:00)

## [17-25] BACK ROCK, KICK BALL CROSS, SIDE, SAILOR STEP, COASTER STEP...

1-2      Rock step RF behind LF, Recover on LF forward  
3&4      Kick RF diagonally forward R, Step RF together, Cross LF over RF

**Restart here on wall 9 (starting 12:00) restart (6:00)**

5      Step RF side  
6&7      Cross LF behind RF, Step RF side, Step LF side  
8&1      Step RF back, Step LF together, Step RF forward

**Final here on wall 13 (starting 3:00) replace COASTER STEP by SAILOR 1/4 R to finish (12:00)**

## [26-32] ...TURN 1/2 L, FULL TURN L, FWD ROCK, 1/4 R, KICK BALL CROSS

2 ..      1/2 turn L.. Recover on LF forward (12:00)  
3-4 ..      1/2 turn L.. Step RF back, ..1/2 turn L... Step LF forward (12:00)  
5-6      Rock step RF forward, Recover on LF  
7&8 ..      1/4 turn R.. Kick RF diagonally forward R, step RF together, cross LF over RF (3:00)

Have FUN, good luck !!