

Someone You Loved

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Someone You Loved - Lewis Capaldi : (iTunes)



INTRO: 8 COUNTS

[1- 8] STEP, PIVOT HALF, STEP, FULL TURN, ¼ SIDE LUNGE, FULL TURN, LUNGE, ½ TURN

- 1, 2 & 3 Step forward on R, Step forward on L, Pivot ½ R taking weight on R, Step forward on L
4 & 5 Turning ½ L Step back on R, Turning ½ L Step forward on R, Turning ¼ L Step/Lunge R to R side (3.00)
6 & 7 Turning ¼ L Step forward on L, Turning ½ L Step back on R, Turning ¼ L Step/Lunge L to L side
8 & Turning ¼ R Step forward on R, Turning ¼ R Step L beside R (9.00)

[9 -16] STEP BACK, STEP BEHIND, STEP 45 DEG, SPIRAL TURN, SHUFFLE FORWARD, BACK, FULL TURN, BEHIND, SIDE

- 1, 2 & Step back on R sweeping L toe to L side, Step L behind R, Turning 1/8 R Step forward on R (10.30)
3 Step forward on L Turning 360 degrees over R (keep R foot close to L ending with a low R hook over L Shin)
4 & 5 Step forward on R, Step L beside R, Step forward on R
6 & 7 Step back on L, Turning ½ R Step forward on R, Turning ½ R Step back on L sweeping R toe to R side
8 & Step R behind L turning 1/8 L, Step L to L side (9.00)

[17-24] LUNGE, BACK, FULL TURN, BACK, ½, 1/8 SIDE, BACK, FORWARD, SIDE, STEP BACK, STEP TOGETHER

- 1, 2 & 3 Turning 1/8 L Step/Lunge forward on R, Step back on L, Turning ½ R forward on R, Turning ½ R Step back on L dragging R toe (7.30)
4 & 5 Step back on R, Turning ½ L Step forward on L, Turning 1/8 L Step R to R side (12.00)
6 & 7 Rock/Step back on L, Step R slightly across L, Step L to L side dragging R toe to L
8 & Step back on R, Step L beside R

[25-32] STEP, COASTER STEP, ACROSS, BACK, ½, PIVOT ½, STEP, PIVOT ½, FULL TURN

- 1, 2 & 3 Step forward on R dragging L toe to touch forward, Step back on L, Step R beside L, Step forward on L sweeping R toe from back to R side
4 & 5 Step R across L, Step back on L, Turning ½ L Step forward on R
& 6 & Step forward on L, Pivot ½ R taking weight on R, Step forward on L
7 & Step fwd on R, Pivot ½ L taking weight on L
8 & Turning ½ L Step back on R, Turning ½ L Step forward on L (6.00)

REPEAT

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