

Hustle Me

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Willie Brown (SCO) & Darren Bailey (UK) - May 2019
音乐: Hustle - P!nk : (Clean Version)



Intro: 8 Counts / on vocals

Sequence: 48, 32, 48, 32, 48, 2 count hold, 32, 32 - the front wall is 48 counts and the back wall is 32 counts. Don't worry, it's really easy to hear!!!

Side, Rock, Recover, Side, Rock, Recover, Step, 1/2 turn L, Step, Step, 1/4 turn R, Cross Shuffle

1-2& Step RF to R side, Rock back on LF, Recover onto RF (12:00)
3-4& Step LF to L side, Rock back on RF, Recover onto LF (12:00)
5&6 Step forward on RF, Make a 1/2 turn L, Step forward on RF (6:00)
7&8& Step forward on LF, Make a 1/4 turn R, Cross LF over RF, Step RF to R side (9:00)

Step with Sweep, Cross, Coaster Step, Step, Close, Heel Twist, Heel Twist, Swivet

1-2 Step forward on LF and sweep RF from back to front, Cross RF over LF (9:00)
3&4 Step back on LF, Close RF next to LF, Step forward on LF (9:00)
5&6& Step forward on RF, Close LF next to RF, Twist R heel to R, Twist R heel back to centre (9:00)
7&8& Twist L heel to L, Twist L heel back to centre, Twist R toes to R and L heel to L, Return to centre, weight on L (9:00)

Back Shuffle, Full turn Coaster, Rock, Recover, Cross, Rock, Recover, Cross, Point, Touch

1&2 Step back on RF, Close LF next to RF, Step back on RF (9:00)
3&4 Make a 1/2 turn L and step forward on LF, Make a 1/4 turn L and close RF next to LF, Make a 1/4 turn L and step forward on LF – non-turning option; L coaster step (9:00)
5&6& Rock RF to R side, Recover onto RF, Cross RF over LF, Rock LF to L side (9:00)
7&8& Recover onto RF, Cross LF over RF, Point RF to R side, Touch RF next to LF (9:00)

Side, Behind, 1/4 turn R, Step, 1/2 turn R, L Lock forward, Full turn L, Out, Out, In, In

1-2& Step RF to R side, Cross LF behind RF, Make a 1/4 turn R and step forward on RF (12:00)
3&4& Step forward on LF, Make a 1/2 turn R, Step forward on LF, Close RF next to LF (6:00)
5-6& Step forward on LF, Make a 1/2 turn L and step back on RF, Make a 1/2 turn L and step forward on RF – non-turning option; run forward R,L (6:00)
7&8& Step out to R diagonal with RF, Step out to L diagonal with LF, Step in with RF, Step in with LF (6:00)

****Restart here during walls 2,4,6 (always facing 12 o'clock) then finish here on wall 7 with step change**

****The following 16 counts are danced during walls 1,3&5 only (always facing 6 o'clock)**

Step, Touch, Step Touch, Rock, Recover, Cross, Step, Touch, Step, Touch, Rock, Recover, Cross

1&2& Step RF to R side, Touch LF next to RF, Step LF to L side, Touch RF next to LF (6:00)
3&4 Rock RF to R side, Recover onto LF, Cross RF over LF (6:00)
5&6& Step LF to L side, Touch RF next to LF, Step RF to R side, Touch LF next to RF (6:00)
7&8& Rock LF to L side, Recover onto RF, Rock LF across RF, Recover onto RF (6:00)

Cross, 1/4 turn R, Side, Cross, Back, Side Rock, Recover, 1/4 turn L, 1/2 turn L, Jump 1/4 turn L x 2

1,2&3 Step LF to L side, Cross RF over LF, Make 1/4 turn R and step back on LF, step RF to R side (9:00)
4&5,6 Cross LF over RF, step back on RF, Rock LF to L side, Rock RF to R side (9:00)
7& Make 1/4 turn L and step forward on LF, make 1/2 L and close RF beside LF (12:00)
8& Jumping on both feet turn 1/4 L, Jumping on both feet turn 1/4 L ending with weight on LF (6:00)

TAG: At the end of wall 5 facing 6:00 do the following 2 counts; Stomp RF to R side (1) Hold (2)
Quickly transfer your weight to your LF to begin the dance again.

ENDING: Dance up to count 30 of wall 7 – the full turn or run forward. Instead of the 'Out, Out, In, In' do the following;

7&8 Step forward on RF, Make a 1/2 turn L, Step forward on RF – you will finish at 12:00. Ta Da!!
