

Beautiful Body Cha

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Edwin P Napitu (NL) - May 2019
音乐: If I Said You Had a Beautiful Body Would You Hold It Against Me - The Bellamy Brothers



Intro : 16 count # NO TAG & NO RESTART...

S1 : R SIDE TOGETHER, R SHUFFLE FWD, L SIDE TOGETHER, L SHUFFLE BACK

1 – 2 Step RF to right side, step LF next to RF
3 & 4 Step RF forward, step LF next to RF(&), step RF forward
5 – 6 Step LF to left side, step RF next to LF
7 & 8 Step LF back, step RF next to LF(&), step LF back

S2 : R ROCK BACK, R SHUFFLE ½ TURN L, L ROCK BACK, L SHUFFLE FWD

1 – 2 Rock RF back, recover on LF
3 & 4 ¼ turn left/step RF to right side, step LF next to RF(&), ¼ turn left/step RF back (06:00)
5 – 6 Rock LF back, recover on RF
7 & 8 Step LF forward, step RF next to LF(&), step LF forward (06:00)

S3 : R CROSS, L SIDE, R SAILOR STEP, L CROSS, R SIDE, BEHIND, SIDE, CROSS

1 – 2 Cross RF over LF, step LF to left side
3 & 4 Cross RF behind LF, step LF to left side(&), step RF to right side
5 – 6 Cross LF over LF, step RF to right side
7 & 8 Step LF behind RF, step RF to right side(&), cross LF over RF

S4 : R SIDE ROCK, R CROSS, ¼ TURN R/L BACK, R SIDE ROCK, R CROSS SHUFFLE

1 – 2 Rock RF to right side, recover on LF
3 – 4 Cross RF over LF, make ¼ turn right/step LF back (09:00)
5 – 6 Rock RF to right side, recover on LF
7 & 8 Cross RF over LF, step LF to left side(&), cross RF over LF

S5 : L DIAG. ROCK, RECOVER, BACK SHUFFLE, ROCK BACK, ½ TURN L/BACK, ½ TURN L/ FWD

1 – 2 Rock LF diagonal fwd (07:30), recover on RF
3 & 4 Step LF back, step RF next to LF(&), step LF back (07:30)
5 – 6 Rock RF back, recover on LF
7 – 8 make ½ turn left/step RF back, make ½ turn left/step LF forward (07:30)

S6 : R SIDE, ¼ TURN L, R CROSS SHUFFLE, L SIDE TOGETHER, L COASTER STEP

1 – 2 Step RF to right side, make ¼ turn left (09:00)
3 & 4 Cross RF over LF, step LF to left side(&), cross RF over LF
5 – 6 Step LF to left side, step RF next to LF
7 & 8 Step LF back, step RF next to LF(&), step LF forward

S7 : R PIVOT ½ TURN L, R SHUFFLE FWD, L ROCK STEP, L COASTER STEP

1 – 2 Step RF forward, make ½ turn left (12:00)
3 & 4 Step RF forward, step LF next to RF(&), step RF forward
5 – 6 Rock LF forward, recover on RF
7 & 8 Step LF back, step RF next to LF(&), step LF forward

S8 : R PADDLE ¼ TURN L (2X), R SIDE, L FLICK, L SIDE, R TOUCH

1 – 2 Touch R toe forward, make ¼ turn left (09:00)
3 – 4 Touch R toe forward, make ¼ turn left (06:00)

5 – 6 Step RF to right side, flick LF behind RF
7 – 8 Step LF to left side, touch R toe next to LF

Start Again & have Fun!!!!!!unter cloc

Pssst..: When you make paddle ¼ turn left (S8: 5-8), please turn your hips from right to left...
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