

Blood Sweat and Beer

拍数: 32 墙数: 4 级数: Improver
编舞者: Karl-Harry Winson (UK) & Jonas Dahlgren (SWE) - April 2019
音乐: Blood Sweat and Beer - Blackjack Billy



Intro: Start after 16 counts on lyrics.

Restart: On wall 3 (9:00) after S2. On count 8 instead of RF cross over do RF touch.

Tag: After wall 6 (12:00).

S1: HEEL GRIND RL, STEP TURN ½ L, SHUFFLE ½ TURN L

1,2& R heel fwd, turn toes from L to R (1), recover back on LF (2), RF step together (&)
3,4& L heel fwd, turn toes from R to L (3), recover back on RF (4), LF step together (&)
5,6 RF step fwd (5), turn ½ L, LF step fwd (6:00)(6)
7&8 Turn ¼ L, RF step R (7), turn ¼ L, LF cross over RF (12:00)(&), RF step back (8)

S2: BACK ROCK, BALL STEP FWD + TOGETHER, MONTERAY ¼ R, POINT R, RF HITCH, RF CROSS OVER

1,2 LF rock back (1), RF recover (2)
&3,4 LF step together (&), RF step fwd (3), LF step together (4)
5&6& RF point R(5), RF step together, turn ¼ R(3:00)(&), LF point L(6), LF step together(&)
7&8 RF point R (7), RF hitch (&), RF cross over LF (8)

***On wall 3: RF touch next to LF (8). Restart.**

S3: STEP BACK + RIGHT, CROSS SHUFFLE, ROCK R + RECOVER, REVERSE SAILOR STEP TURN ¼ L

1-2 LF step back (1), RF step R (2)
3&4 LF cross over RF (3), RF step together (&), LF cross over RF (4)
5-6 RF rock R (5), LF recover (6)
7&8 RF cross behind LF (7), turn ¼ L and LF step fwd (&), RF step R (8)

S4: ROCK BACK RECOVER, KICK BALL CROSS, ROTATE UPPER BODY X3, TURN ¼ L WITH DRAG

1,2 LF rock back (1), RF recover (2)
3&4 LF kick diagonally L (3), LF step together (&), RF cross over LF (4)
5,6 LF step L, rotate upper body L (5), transfer weight to RF, rotate upper body R (6),
7,8 Transfer weight to LF, turn ¼ L (3:00)(7), drag RF back to front (8)

Optional: Body roll (7-8)

TAG: STEP TURN ½ L X2

1,2 RF step fwd (1), turn ½ L and LF step fwd (6:00)(2)
3,4 RF step fwd (3), turn ½ L and LF step fwd (12:00)(4)