

Sixties Medley

拍数: 48 墙数: 4 级数: Improver
编舞者: Bev Vinge (AUS) - April 2019
音乐: Sixties Medley - Die Campbells



CHARLESTON STEP

1,2,3,4 Touch R toe forward, Hold, Step R back, Hold,
5,6,7,8 Touch L toe back, Hold, Step L forward, Hold.

STEP, LOCK, STEP, HOLD, MAMBO FORWARD, HOLD

1,2,3,4 Step R forward, Lock L behind R, Step R forward, Hold,
5,6,7,8 Step L forward, Step R back, Step L together, Hold.

SIDE, ROCK, CROSS, HOLD, SIDE, ROCK, CROSS, HOLD

1,2,3,4 Step R to side, Rock onto L, Cross R over L, Hold,
5,6,7,8 Step L to side, Rock onto R, Cross L over R, Hold.

VINE RIGHT CROSS, SIDE, ROCK, CROSS, HOLD

1,2,3,4 Step R to side, Step L behind R, Step R to side, Cross L over R,
5,6,7,8 Step R to side, Rock onto L, Cross R over L, Hold.

VINE LEFT CROSS, SIDE, BEHIND, ¼ TURN, HOLD

1,2,3,4 Step L to side, Step R behind L, Step L to side, Cross R over L,
5,6,7,8 Step L to side, Step R behind L, Turn ¼ Left Step L forward, Hold.

MAMBO FORWARD, HOLD, COASTER STEP, HOLD

1,2,3,4 Step R forward, Rock back on L, Step R together, Hold,
5,6,7,8 Step L back, Step R together, Step L forward, Hold.

[48] - REPEAT
