Cumbia (for stive hofter)



编舞者: Dag Alexander Wien (NOR) - May 2019

音乐: Cumbia For Stive Hofter - Jørn Hoel: (CD: Hver gang vi møtes - Sesong 5 /

Duetter)



#32 count intro

S1: (Step, Rock, recover) x4

1-2& Step LF left (1), step RF behind LF (2), recover on LF (&)

3-4& Step RF right, step LF behind RF, recover on RF
5-6& Step LF left, step RF behind LF, recover on LF
7-8& Step RF right, step LF behind RF, recover on RF

S2: Paddle 1/2 turn left, Paddle 1/2 turn right

1-4 Step LF to left, (Turn 1/6 left and touch RF to right) x2, Turn 1/6 left and step RF together

(6:00)

5-8 (Turn 1/8 right and touch LF to left) x3, Turn 1/8 right and step LF together (12:00)

S3: (Step fwd, touch) x2, (Step back, touch) x2

Step RF fwd diag right, touch LF beside RF, Step LF fwd diag left, touch RF beside LF
 Step RF back diag right, touch LF beside RF, Step LF back diag left, touch RF beside LF

S4: Dorothy steps x2, side, behind, step 1/4 right, clap x2

1-2& Step RF right diag fwd (1), Lock LF behind RF (2), step RF right diag fwd (&)

3-4& Step LF left diag fwd, Lock RF behind LF, step LF left diag fwd

5-7 Step RF to right, cross LF behind RF, Turn 1/4 right & Step RF fwd (3:00)

&8 Clap x2

Big thanks to Jarle Valle for some very good inputs to this dance

Notes: In wall 4 & wall 9 the music changes into a more 'rougher' style.

Feel free to change your dancing style accordingly:-)

Break: In wall 9 there is a break after 4 counts in S2. If you want to 'hit it', change the last 4 counts in S2 to:

5 Step on to RF & spin 1/2 right & point LF to left side, Freeze

6-7 Hold x2

8 Step LF beside RF

Last Update: 13 Jun 2023