

Mississippi Hustle

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Roland Ford (USA) - September 2018
音乐: September - Earth, Wind & Fire



Alternate music: "Love You, I Do" by Jennifer Hudson

VINE RIGHT, VINE LEFT

1-4 Step Right to side, Step Left Behind, Step Right to Side, Low Kick Left to Left diagonal
5-8 Step Left to side, Step Right Behind, Step Left to Side, Low Kick Right forward

WALK BACK, JUMP FORWARD, SHAKE IT!

1-4 Walk Backwards, Right, Left, Right, Touch Left
&5, 6-8 Jump forward, Shake hips (6,7,8)

SHIMMY DOWN, SHIMMY UP*

1-4 Shake/Sway/Shimmy as you lower yourself down
5-8 Shake/Sway/Shimmy as you rise back up

ROCKING CHAIR (2X)

1-4 Rock forward on Right, Recover Left, Rock Back on Right, Recover Left
5-8 Rock forward on Right, Recover Left, Rock Back on Right, Recover Left

Start Dance over, doing a 1/4 turn to Left as you begin the Vine to the Right

*If your knees aren't up to shimmying down and up, sway to the Right, Left, Right, Left.

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