

We Are Timeless

COPPER **KNOB**
STEPSHETS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Jeanette Bowen (USA), Gail A. Dawson (USA), Jessica Lewis, Michelle Neese
(USA), Leslie Thompson (USA), Tommy Bailey (USA) & Larry Bass (USA) - April
2019
音乐: Timeless - Home Free : (CD: Timeless)



Start on vocals after 16 counts

This dance was written by the 2019 staff instructors for the 11th annual TNT workshop.

Restart after 16 count on wall 5 facing 12:00

Restart on wall 10 after 24 counts & 2 count tag facing 3:00 wall

KICK-BALL-CROSS, & ROCK STEP; SIDE, TOGETHER, SIDE, ROCK STEP

1&2 Kick R to right diagonal, Step ball of R beside L, Step L across R
& Step R slightly right
3-4 Rock L back; Recover forward to R
5&6 Step L to left, Step R beside L, Step L to left
7-8 Rock R back; Recover forward to L

POINT, HOLD & HEEL & HEEL HITCH; STEP ½ PIVOT, STEP ½ PIVOT

1-2 Touch R to right; Hold
&3 Step R beside L, Touch L heel forward
&4 Step L beside R, Touch R heel forward
&5-6 Lift & hitch R knee, Step R forward; Pivot ½ turn left to L (6:00)
7-8 Step R forward; Pivot ½ turn left to L (12:00)

Restart dance on wall 5 facing 12:00

FORWARD TRIPLE STEPS; ROCK STEP, ¼ TURN, STEP TOGETHER

1&2 Step R forward, Step L to R, Step R forward
3&4 Step L forward, Step R to L, Step L forward
5-6 Rock R forward; Recover back to L
7-8 Make a ¼ turn right & step R to right (3:00); Step L beside R

Restart on wall 10 facing 3:00, do tag & restart dance

STEP SIDE, HOLD, & STEP SLIDE; LEFT SAILOR STEP, BEHIND, SIDE, TOUCH

1-2 Step R to right; Hold
&3-4 Step L beside R, Make a long step with R; Slide L toward R
5&6 Step L behind R, Step R to right, Step L to left
7&8 Step R behind L, Step L slightly to left, Touch R beside L

Begin Again

Tag: Wall 10 facing 3:00,

1-2 Touch R beside L; Hold