

Back & Forth

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Adrian Lefebour (AUS) - May 2019
音乐: Talk You Out of It - Florida Georgia Line : (3:23)



Notes: 32 count intro from the start of the song

[1-8] Weave Across, Cross Rock, Replace, 1/2 Turn

1,2 Step R across L, Step L to L side
3,4 Step R behind L, Step L to L side
5,6 Cross Rock R over L, Replace weight back on L
7,8 1/4 turn R step R fwd, 1/4 turn R step L to L side (6.00)

[9-16] Step Back, Sweep, Step Back, Step Fwd on 45, Rock Fwd, Replace, Step Back, Together

1,2 Step R back, Sweep L back
3,4 Step L behind R, Step R fwd on R 45 (7.30)
5,6 Rock L fwd, Replace weight back on R
7,8 Step L back, Step R next to L (weight on R)

[17-24] Lock Shuffle Fwd, Rocking Chair, 1/2 Pivot Turn

1&2 Step L fwd, Lock step R behind L, Step L fwd
3,4 Rock R fwd, Replace weight back on L
5,6 Rock R back, Replace weight fwd on L
7,8 Step R fwd, 1/2 Pivot turn L (weight on L) (1.00)

[25-32] Rock Fwd, Replace, 1/2 Turn, Rock Fwd, Replace, 1/2 Turn, 3/8 Turn

1,2 Rock R fwd, Replace weight back on L
3,4,5 1/2 Turn R step R fwd (7.30), Rock L fwd, Replace weight back on R
6 1/2 Turn L step L fwd (1.00)
7,8 1/2 Turn L step R back, 3/8 Turn L step L fwd/side to L (3.00)

Start Again

FINISH – Wall 11 – Dance to count 24 to finish at the front wall.
