

A Broken Heart - Reboot

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver / Intermediate
编舞者: Cathy Snow (USA) - April 2019
音乐: My Next Broken Heart - Brooks & Dunn : (Album: REBOOT with Jon Pardi)



[1-8] STOMP R, TOE FANS; STOMP LEFT, TOE FANS

1-4 Stomp Right forward. Rotate toe, out, in, out.
5-8 Stomp Left forward. Rotate toe out, in, out.

[9-16] TOE STRUTS, DOUBLE KICK, COASTER STEP, TOE HEEL STRUT, DOUBLE KICK, COASTER STEP

1-2 Step forward right toe, drop right heel taking weight.
3-4 Step forward left toe, drop left heel taking weight.
5-6 Low kick right foot forward. (two times)
7&8 Step right back, step left together & step right forward.

[17-24] TOE STRUTS, DOUBLE KICK, COASTER STEP, TOE HEEL STRUT, DOUBLE KICK, COASTER STEP

1-2 Left toe, step down on left heel.
3-4 Right toe, step down right heel.
5-6 Low kick left foot forward. (two times)
7&8 Step left back. Step right together & step left forward.

[25-32] DIAGONAL TOE STRUT, LINDY RIGHT

1-2 Diagonal right toe strut, step down right heel.
3-4 Cross left over right, step down left heel.
5&6 Shuffle right, left, right
7-8 Rock back on left behind right, recover right

[33-40] DIAGONAL TOE STRUT, LINDY LEFT

1-2 Diagonal left toe strut, step down left heel.
3-4 Cross right over left, step down right heel.
5&6 Shuffle left, right, left
7-8 Rock back on right behind right, recover left

[40-48] LOCK STEP, TOUCH L, LOCK STEP TOUCH, R

1-2 Step forward right, cross left behind right
3-4 Step forward right, touch left next to right
5-6 Steps forward left, cross right behind left
7-8 Step forward left, touch right next to left

[49-56] ¼ RIGHT JAZZ BOX WITH TOE STRUTS

1-2 Cross right toe over left, step down right heel
3-4 Step back on left toe, step down left heel
5-6 Step 1/4 turn right toe, step right heel
7-8 Step left toe next to right. Step left heel down

[57-64] LINDY RIGHT: LINDY LEFT

1&2 Shuffle right, left, right to right side
3-4 Rock back on left behind right, recover right
5&6 Shuffle left, right, left to left side
7-8 Rock back on right behind left, recover left

RESTART: Second time you begin at 12:00 wall, dance step 1-40 and restart dance after left toe struts, shuffle, and rock recover.
