

Tombé

拍数: 80 墙数: 2 级数: Phrased Improver / Intermediate
编舞者: Angéline Fourmage (FR) & Maryse Fourmage (FR) - April 2019
音乐: Tombé - M. Pokora



Start : 16 counts (approximately 7 sec)

A : 16 counts / B : 32 counts / C : 32 counts

Sequence : A-A-B-C-C-A-A-B-C-C-A-A-C-C-C-B

Part A :

A[1-8] : Walk, Rock step, Cross, Step ¼ L, Rock step

1-2 RF FW, LF to L side
3-4 Recover to RF, Cross LF over RF
5-6 Make ¼ L with RF back, LF to L side
7-8 RF to R side, Recover to LF

A[9-16] : Point, Ball, Point, Ball, Scissor step, Together

1-2& Point RF FW, Hold, RF next to LF
3-4& Point LF FW, Hold LF next to RF
5-6 RF to R side, Cross LF behind RF
7-8 Cross RF over LF, LF next to RF

Part B :

B[1-8] : Heel Jack, Brush, Tripless step, Rock step, Triple ¾ L

&1&2 RF back, Touch L heel FW, LF next to RF, Brush RF FW
3&4 R triple step (RF FW, LF next to RF, RF FW)
5-6 LF FW, Recover to RF
7&8 Make triple ¾ L (Make ¼ LF FW, Make ¼ L RF next to RF, Make ¼ L LF FW)

B[9-16] : Step FW, Point, Step FW, Touch, Triple ½ R, Rock step

1-2 RF FW, Point LF to L side
3-4 LF FW, Touch RF behind LF
5&6 Triple ½ R (Make ¼ R with RF to R side, LF next to RF, Make ¼ R with RF FW)
7-8 LF FW, Recover to RF

B[17-24] : Rock step, Weave, Rock step, Rock step

1-2 LF to L side, Recover to RF
3&4 LF behind RF, RF to R side, Cross LF over LF
5-6 RF FW, Recover to RF
7-8 RF to L side, Recover to LF

B[25-32] : Cross, Side, Cross shuffle, Point, Heel, Hook, ¼ L, Heel

1-2 RF behind LF, LF to L side
3&4 Cross RF over LF, LF to L side, Cross RF over LF
5-6 Point LF to L side, Touch L heel FW
7-8& Make ¼ L with L hook, Touch L heel FW, LF next to RF

Part C :

C[1-8] : Toe strut, Rock step, Toe strut, Rock step

1-2 Toe strut RF FW (Step right toe FW RF, drop right heel)
3-4 L rock back, Recover to RF
5-6 Toe strut LF FW (Step left toe FW LF, drop left heel)

7-8 R rock back, Recover to LF

C[9-16] : Heel strut, Heel strut, Walk back, Together

1-2 R heel FW, Drop R toe on the floor (touch body with arms)

3-4 L heel FW, Drop L toe on the floor

5-6 RF back, LF back

7-8 RF back, LF next to RF

C[17-24] : Turn head, Turn head, R hand, L hand, Cross arms

1-2 Turn head from R to L between the hands

3-4 Turn head from L to R between the hands

5-6 R arm (extend arm R with the openhand), L arm (extend arm L with the openhand)

7-8 Cross arms front the body

C[25-32] : Paddle turn ½ L (uncross arms with the palm of hand towards the ground), Jazz-box

1-2 Make 1/8 L with R point, Make 1/8 L with R point

3-4 Make 1/8 L with R point, Make 1/8 L with R point

5-6 Cross RF over LF, LF back

7-8 RF to R side, LF next to RF

NOTA : RF = Right foot ; LF = Left Foot ; FW = Forward

For arms, watch video

Smile and enjoy the dance

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