

# High Hopes

COPPERKNOB  
BY SHEETS

拍数: 48      墙数: 2      级数: Phrased High Beginner  
编舞者: Mike Liadouze (FR) - April 2019  
音乐: High Hopes - Panic! At the Disco



Introduction: 8 counts (on lyrics) Sequence: AABBC AABBC AAAA

## Part A :

### [1-8] CRISS CROSS, R HEEL FAN, SIDE TOGETHER SIDE TOUCH x2

1&2            Jump apart shoulder wide, jump/cross RF over LF, jump apart shoulder wide (weight on LF)  
3&4            Swivel R heel in, swivel R heel parallel, swivel R heel in  
5&6&          Step RF side, step LF together, step RF side, touch R toe together  
7&8&          Step LF side, step RF together, step LF side, touch L toe together

### Option without jumps :

1&2            Touch RF side, kick/cross RF over LF, touch RF side

### [9-16] SIDE TOUCH x4 TURNING L, OUT OUT, SLIDE IN, HOLD

1&2& ..        1/4 turn L.. step RF side, touch L toe together, step LF side, touch R toe together  
3&4& ..        1/4 turn L.. step RF side, touch L toe together, step LF side, touch R toe together  
5&            Step RF side & R hand up (« high »), step LF side & L hand up (« high »)  
6            HOLD & lower hands down in a circle  
7-8          Slide RF together & join hands in a prayer (« hopes »), HOLD

## Part B :

### [1-8] BUMP RLR, FWD MAMBO, STEP BACK x2, COASTER STEP

1&2            Step RF forward & bump R hip forward, bump L hip back, bump R hip forward  
3&4            Rock step LF forward, recover on RF back, step LF back  
5-6            Step RF back, step LF back  
7&8            Step RF back, step LF together, step RF forward

### [9-16] STEP LOCK STEP x2, FWD MAMBO 1/2 L, FWD MAMBO TOUCH

1&2            Step LF forward, lock RF behind LF, step LF forward  
3&4            Step RF forward, lock LF behind RF, step RF forward  
5&6            Rock step LF forward, recover on RF back, ..1/2 turn L.. step LF forward  
7&8            Rock step RF forward, recover on LF back, touch R toe together

## Part C :

### [1-8] NIGHTCLUB BASIC x2, WALK AROUND R-L-RLR FULL TURN R

1-2&          Big step RF side, slide LF behind RF, cross RF over LF  
3-4&          Big step LF side, slide RF behind LF, cross LF over RF  
5-6            Following counts in a circle to R : ..1/4 turn R.. step RF forward, ..1/4 turn R.. step LF forward  
7&8 ..        1/4 turn R.. step RF forward, ..1/4 turn R.. step LF side, cross RF over LF

### [9-16] NIGHTCLUB BASIC x2, WALK AROUND L-R-LRL FULL TURN L

1-2&          Big step LF side, slide RF behind LF, cross LF over RF  
3-4&          Big step RF side, slide LF behind RF, cross RF over LF  
5-6            Following counts in a circle to L : ..1/4 turn R.. step LF forward, ..1/4 turn R.. step RF forward  
7&8 ..        1/4 turn R.. step LF forward, ..1/4 turn R.. step RF side, cross LF over RF

Have FUN, Good luck !!