

# Pudar

拍数: 64      墙数: 2      级数: Improver  
编舞者: Roosamekto Mamek (INA) - April 2019  
音乐: Pudar - Rossa



Intro : 44 counts

## S1. DIAGONAL FORWARD, TOUCH, SIDE WITH HIPS BUMP, HIPS BUMPS, TOUCH

1-4            Step R diagonal forward – Touch L together – Step L diagonal forward – Touch R together  
5-8            Step R to side bump hips to right – Bump hips to left – Bump hips to right – Touch L together  
(12:00)

## S2. DIAGONAL BACK, TOUCH, SIDE WITH HIPS BUMP, HIPS BUMPS, TOUCH

1-4            Step L diagonal back – Touch R together – Step R diagonal back – Touch L together  
5-8            Step L to side bump hips to left – Bump hips to right – Bump hipd to left – Touch R together  
(12:00)

## S3. FORWARD ROCK, RECOVER, BACK SHUFFLE, BACK ROCK, RECOVER, FORWARD SHUFFLE

1-2            Rock R forward – Recover on L  
3&4            Step R back – Step L together – Step R back  
5-6            Rock L back – Recover on R  
7&8            Step L forward – Step R together – Step L forward (12:00)

## S4. CROSS, POINT, JAZZ BOX CROSS TURN ¼ RIGHT

1-4            Cross R over L – Touch L to side – Cross L over R – Touch R to side  
5-8            Cross R over L – Turn ¼ right step L back – Step R to side – Cross L over R (3:00)

## S5. SIDE, TOUCH, ROCKING CHAIR

1-4            Step R to side – Touch L together – Step L to side – Touch R together  
5-8            Rock R forward – Recover on L – Rock R back – Recover on L (3:00)

## S6. PIVOT 1/2 TURN LEFT, FORWARD SHUFFLE, PIVOT 1/2 TURN RIGHT, FORWARD SHUFFLE

1-2            Step R forward – Turn ½ left (9:00)  
3&4            Step R forward – Step L together – Step R forward  
5-6            Step L forward – Turn ½ right (3:00)  
7&8            Step L forward – Step R together – Step L forward

## S7. PADDLE TURN 1/4 LEFT (3X), SIDE ROCK, RECOVER

1-4            Step R to side – Turn ¼ left – Step R to side – Turn ¼ left (9:00)  
5-8            Step R to side – Turn ¼ left – Rock R to side – Recover on L (6:00)

## S8. WEAVE, FLICK

1-4            Cross R over L – Step L to side – Cross R behind L – Flick L to side  
5-8            Cross L over R – Step R to side – Cross L behind R – Flick R to side (6:00)

REPEAT

TAG: End of wall 1

## JAZZ BOX

1-4            Cross R over L – Step L back – Step R to side – Step L forward

RESTART: On wall 4 after 56 count (S.7)

For more info about song & step sheet please contact: [Roosamekto.Nugroho@gmail.com](mailto:Roosamekto.Nugroho@gmail.com)

