# Get Down Saturday Night



编舞者: Miko Yamamoto (INA) - February 2019

音乐: Get Down Saturday Night - Oliver Cheatham



#### Intro Dance (32 Count)

### S1: (TAP, BACK, TAP, BACK)X2

Tap R toe forward (1), Step R back (2), Tap L toe forward (3), Step L back (4)

Tap R toe forward (5), Step R back (6), Tap L toe forward (7), Step L back (8)

#### **S2: RIGHT ROLLING VINE**

1-4 Make ¼ turn R step R forward (1), Make ½ turn R step L back (2), Make ¼ turn R step R to

side (3), Touch L toe outside L (4)

5-8 Make ½ turn L step L forward (5), Make ½ turn L step R back (6), Make ¼ turn L step L to

side (7), Touch R beside L (8)

S3: Repeat S1

S4: Repeat S2

### Main Dance (56 Count)

### S1: DIAGONAL LOCK SHUFFLE (RIGHT, LEFT)

Step R forward diagonally R (1), Lock L behind R (&) Step R forward diagonally R (2)

Step L forward diagonally L (3), Lock R behind L (&) Step L forward diagonally L (4)

5&6 Repeat 1&2 7&8 Repeat 3&4

#### S2: JUMP OUT, JUMP IN, LIFT (RIGHT, LEFT, RIGHT)

1&2& Both feet jump outside (R to right, L to left) (1), Hold (&), Both feet jump back to center (2),

Hold (&)

Both feet jump outside (R to right, L to left) (3), Hold (&), Both feet jump back to center (4)

5-6 Lift & down R (5), Lift & down L (6) 7&8 Lift R ((7), Down R (&), Lift R (8)

#### S3: BACK, BACK, BACK, CLOSE, JUMP OUT, JUMP IN

1-4 Walk back R (1), L (2), R (3), Close L beside R (4)

5&6& Both feet jump outside (R to right, L to left) (5), Hold (&), Both feet jump back to center (6),

Hold (&)

7&8 Both feet jump outside (R to right, L to left) (7), Hold (&), Both feet jump back to center (8)

#### S4: SIDE, HOLD, SIDE, HOLD, HEEL IN, HEEL OUT

1-2&3-4 Step R to side (1), Hold (2), Step L next to R (&), Step R to side (3), Hold (4)

5-8 Touch&heel in (5), Heel out (6), Heel in (7), Drop heel in place (8)

# S5: SIDE, HOLD, SIDE, HOLD, HEEL IN, HEEL OUT Opposite S4

# S6: TURN 1/4 LEFT, NEXT, LEFT CROSS SHUFFLE, FULL TURN RIGHT

1-2-3&4 Make ¼ turn L step R to side (1), Step L next to R (2), Cross R over L (3), Step L to side (&),

Cross R over L (4)

5-8 Make ¼ turn R step L beside R (5), Make ½ turn R step R forward (6), Make ½ turn R step L

beside R (7), Step R in place (8)

# S7: HIPS PUSH (RIGHT, LEFT, RIGHT, LEFT), HITCH, RIGHT CHASSE, LEFT CHASSE

1-2-3&4 Push R hips to R (1), Push L hips to L (2), Push R hips to R (3), Push L hip to L (&), Hitch R

cross over L (4)

5&6 Step R to side (5), Step L next to R (&), Step R to side (6)
7&8 Step L to side (7), Step R next to L (&), Step L to side (8)

# Enjoy the dance

For more information about this dance please contact me at: febe.yamamoto@yahoo.com