

Rock It (Un,Dos,Tres,Cuatro)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Carrie Ann Earl (ES) - April 2019
音乐: Rock It - Ofenbach : (iTunes)



Count in: 32 on main vocal (16 counts after the lyric 'Rock It')

End of Walls 3 & 7 facing 9:00 there is a step change, miss off the Kickball Step in Section 4 and add 2 more right toe taps, so you do 4 in total, this is when they sing : Un,Dos, Tres,Cuatro, for styling you can punch the air 4 times with your right arm.

SECTION 1: ROCKING CHAIR, SYNCOPATED SIDE ROCKS

1-2 Rock Right forward, Recover on Left
3-4 Rock back Right, Recover on Left
5-6 Rock Right to Right Side, Recover on Left
&7-8 Step Right Next to Left, Rock Left to Left Side, Recover on Right

SECTION 2: WALK BACK X 2, LEFT COASTER, FORWARD ROCK, SHUFFLE ½ TURN RIGHT

1-2 Walk back left, right
3&4 Step back left, step right beside left, step forward left
5-6 Rock forward on right, recover onto left
7&8 Shuffle back ½ turn right, stepping - right, left, right (12:00)

SECTION 3: SIDE ROCK, RECOVER, BEHIND-SIDE-CROSS X 2

1-2 Rock Left to Left side, Recover to Right
3&4 Step Left behind Right & Step Right to Right side, Step Left across Right
5-6 Rock Right to Right side, Recover to Left
7&8 Step Right behind Left & Step Left to Left side, Step Right across Left

(FOR EXTRA STYLING PUSH YOUR HIP OUT WHEN ROCKING OUT TO LEFT & RIGHT)

SECTION 4: SIDE ROCK, SAILOR ¼ LEFT, TAP, TAP, KICK BALL STEP

1-2 Rock Left to Left side, Recover to Right
3&4 Cross Left behind Right - ¼ turn Left, step Right beside Left – step Left forward (3:00)
5-6 Tap Right Toe slightly forward x 2 (keep weight on Left)
End of wall 3 & 7 add 2 more toe taps on the right, instead of the Kick Ball Step.
7&8 kick Right forward. Step Right beside Left. Step Left long step forward

Contact: carrieannearl@gmail.com